

FINAL PROVINCIAL COPA DE ANDALUCÍA - JAEN  
JAEN, 3/12/2022

Prueba 42  
03/12/2022 - 18:13

Masc., 400m Libre

Absoluto Masc.  
Resultados

Clasificación	AN								Tiempo	Puntos
1. CRUZ EXPOSITO, Jose Maria	07	C.N. Jaen							<b>4:30.85</b>	9,00
50m: 28.73 28.73	150m: 1:36.15	34.69	250m: 2:47.48	35.62	350m: 3:59.70	35.91				
100m: 1:01.46 32.73	200m: 2:11.86	35.71	300m: 3:23.79	36.31	400m: 4:30.85	31.15				
2. ALCALA CAÑETE, David	03	C.D. Natacion Andujar							<b>4:34.29</b>	4,00
50m: 30.77 30.77	150m: 1:37.63	34.11	250m: 2:48.62	35.45	350m: 3:59.66	35.21				
100m: 1:03.52 32.75	200m: 2:13.17	35.54	300m: 3:24.45	35.83	400m: 4:34.29	34.63				
3. QUIROS ESPINOSA, Raul	05	C.N. Jaen							<b>4:40.44</b>	3,00
50m: 32.10 32.10	150m: 1:44.95	36.56	250m: 2:56.85	35.06	350m: 4:06.07	34.73				
100m: 1:08.39 36.29	200m: 2:21.79	36.84	300m: 3:31.34	34.49	400m: 4:40.44	34.37				
4. DE LA ROSA CLARAMONTE, Alberto	06	C.D. Natacion Andujar							<b>4:53.26</b>	2,00
50m: 33.11 33.11	150m: 1:46.19	36.70	250m: 3:00.75	37.45	350m: 4:16.91	38.17				
100m: 1:09.49 36.38	200m: 2:23.30	37.11	300m: 3:38.74	37.99	400m: 4:53.26	36.35				
5. NADALES DÍAZ, Juan José	05	C.N. Jaen							<b>4:57.62</b>	1,00
50m: 31.73 31.73	150m: 1:46.19	38.38	250m: 3:03.52	39.21	350m: 4:21.32	39.20				
100m: 1:07.81 36.08	200m: 2:24.31	38.12	300m: 3:42.12	38.60	400m: 4:57.62	36.30				
6. MARIN RUIZ, Antonio	08	C.D. Natacion Andujar							<b>5:18.93</b>	-
50m: 33.96 33.96	150m: 1:52.27	40.13	250m: 3:15.93	42.13	350m: 4:40.29	42.11				
100m: 1:12.14 38.18	200m: 2:33.80	41.53	300m: 3:58.18	42.25	400m: 5:18.93	38.64				