

Prueba 1  
10/12/2022 - 12:00

Masc., 3000m Libre

Senior - Junior 1 - Junior 2 Masc.  
Resultados

Clasificación			AN					Tiempo	Puntos			
1.	DE OÑA RAMÍREZ, Angel		02	C.D.N. Inacua Malaga				<b>31:46.25</b>	19,00			
	50m:	29.90	29.90	800m:	8:24.02	31.52	1550m:	16:21.98	31.96	2300m:	24:18.87	31.76
	100m:	1:01.00	31.10	850m:	8:55.84	31.82	1600m:	16:54.01	32.03	2350m:	24:51.10	32.23
	150m:	1:32.71	31.71	900m:	9:27.37	31.53	1650m:	17:25.85	31.84	2400m:	25:23.29	32.19
	200m:	2:04.13	31.42	950m:	9:59.05	31.68	1700m:	17:57.50	31.65	2450m:	25:55.21	31.92
	250m:	2:35.52	31.39	1000m:	10:30.82	31.77	1750m:	18:29.73	32.23	2500m:	26:27.26	32.05
	300m:	3:07.12	31.60	1050m:	11:02.51	31.69	1800m:	19:01.64	31.91	2550m:	26:58.89	31.63
	350m:	3:38.76	31.64	1100m:	11:34.39	31.88	1850m:	19:32.99	31.35	2600m:	27:30.85	31.96
	400m:	4:10.38	31.62	1150m:	12:06.23	31.84	1900m:	20:04.43	31.44	2650m:	28:02.84	31.99
	450m:	4:41.80	31.42	1200m:	12:37.99	31.76	1950m:	20:36.01	31.58	2700m:	28:34.74	31.90
	500m:	5:13.61	31.81	1250m:	13:10.10	32.11	2000m:	21:08.47	32.46	2750m:	29:06.77	32.03
	550m:	5:45.25	31.64	1300m:	13:42.15	32.05	2050m:	21:40.21	31.74	2800m:	29:39.11	32.34
	600m:	6:17.16	31.91	1350m:	14:13.94	31.79	2100m:	22:11.66	31.45	2850m:	30:10.98	31.87
	650m:	6:49.03	31.87	1400m:	14:45.87	31.93	2150m:	22:43.28	31.62	2900m:	30:42.99	32.01
	700m:	7:20.64	31.61	1450m:	15:18.06	32.19	2200m:	23:15.21	31.93	2950m:	31:14.90	31.91
	750m:	7:52.50	31.86	1500m:	15:50.02	31.96	2250m:	23:47.11	31.90	3000m:	31:46.25	31.35
2.	PUEBLA MARTINEZ, Alejandro		02	C.N. Cartagonova Cartagena				<b>31:58.11</b>	16,00			
	50m:	30.00	30.00	800m:	8:23.75	31.48	1550m:	16:17.14	31.67	2300m:	24:23.05	32.67
	100m:	1:01.15	31.15	850m:	8:55.24	31.49	1600m:	16:49.04	31.90	2350m:	24:56.07	33.02
	150m:	1:32.74	31.59	900m:	9:26.76	31.52	1650m:	17:20.82	31.78	2400m:	25:28.84	32.77
	200m:	2:04.42	31.68	950m:	9:58.43	31.67	1700m:	17:52.54	31.72	2450m:	26:01.86	33.02
	250m:	2:35.93	31.51	1000m:	10:30.16	31.73	1750m:	18:24.58	32.04	2500m:	26:34.63	32.77
	300m:	3:07.25	31.32	1050m:	11:01.73	31.57	1800m:	18:56.81	32.23	2550m:	27:07.05	32.42
	350m:	3:38.89	31.64	1100m:	11:33.34	31.61	1850m:	19:29.33	32.52	2600m:	27:39.75	32.70
	400m:	4:10.52	31.63	1150m:	12:04.90	31.56	1900m:	20:01.47	32.14	2650m:	28:12.60	32.85
	450m:	4:42.04	31.52	1200m:	12:36.24	31.34	1950m:	20:33.90	32.43	2700m:	28:45.30	32.70
	500m:	5:13.81	31.77	1250m:	13:07.54	31.30	2000m:	21:06.50	32.60	2750m:	29:17.83	32.53
	550m:	5:45.55	31.74	1300m:	13:38.97	31.43	2050m:	21:39.30	32.80	2800m:	29:50.52	32.69
	600m:	6:17.32	31.77	1350m:	14:10.54	31.57	2100m:	22:12.00	32.70	2850m:	30:22.90	32.38
	650m:	6:49.04	31.72	1400m:	14:42.16	31.62	2150m:	22:44.60	32.60	2900m:	30:55.33	32.43
	700m:	7:20.70	31.66	1450m:	15:13.80	31.64	2200m:	23:17.39	32.79	2950m:	31:27.30	31.97
	750m:	7:52.27	31.57	1500m:	15:45.47	31.67	2250m:	23:50.38	32.99	3000m:	31:58.11	30.81