

Prueba 14
19/11/2022 - 18:08

Masc., 400m Libre

20 - 89 años
Resultados

Clasificación	AN						Tiempo	Puntos
20+								
1.	CARMONA SANCHEZ, Javier	99	C.N. Armilla				5:03.17	518,00
	50m: 32.50 32.50	150m: 1:46.79	37.92	250m: 3:05.31	39.50	350m: 4:24.13	39.27	
	100m: 1:08.87 36.37	200m: 2:25.81	39.02	300m: 3:44.86	39.55	400m: 5:03.17	39.04	
2.	LOPEZ SUAREZ, Joaquin	01	C.D. Swim Granada				5:25.81	417,00
	50m: 26.07 26.07	150m: 1:37.47	40.70	250m: 3:06.24	45.43	350m: 4:40.58	46.86	
	100m: 56.77 30.70	200m: 2:20.81	43.34	300m: 3:53.72	47.48	400m: 5:25.81	45.23	
25+								
1.	HERNANDEZ PEREGRINA, Pedro	96	Bahia De Almeria N.C				5:19.23	437,00
	50m: 34.40 34.40	150m: 1:53.74	40.48	250m: 3:15.50	40.96	350m: 4:38.25	41.67	
	100m: 1:13.26 38.86	200m: 2:34.54	40.80	300m: 3:56.58	41.08	400m: 5:19.23	40.98	
30+								
1.	FRIAS JIMENEZ, Alberto	92	C.D. Swim Granada				4:57.99	524,00
	50m: 30.44 30.44	150m: 1:42.93	36.67	250m: 2:59.51	38.64	350m: 4:19.44	39.67	
	100m: 1:06.26 35.82	200m: 2:20.87	37.94	300m: 3:39.77	40.26	400m: 4:57.99	38.55	
35+								
1.	OCAÑA REDONDO, Manuel	83	C.N. Armilla				5:24.90	415,00
	50m: 35.86 35.86	150m: 1:54.99	40.12	250m: 3:18.34	41.68	350m: 4:43.09	42.50	
	100m: 1:14.87 39.01	200m: 2:36.66	41.67	300m: 4:00.59	42.25	400m: 5:24.90	41.81	
2.	VALVERDE LÓPEZ, Javier	85	C.N. Mare Nostrum				7:01.61	189,00
	50m: 42.72 42.72	150m: 2:26.78	54.11	250m: 4:16.95	54.58	350m: 6:06.01	55.02	
	100m: 1:32.67 49.95	200m: 3:22.37	55.59	300m: 5:10.99	54.04	400m: 7:01.61	55.60	
40+								
1.	MAESTRA GARCIA, Cecilio	82	Bahia De Almeria N.C				5:06.07	486,00
	50m: 32.62 32.62	150m: 1:44.90	36.80	250m: 3:02.90	39.84	350m: 4:24.89	41.49	
	100m: 1:08.10 35.48	200m: 2:23.06	38.16	300m: 3:43.40	40.50	400m: 5:06.07	41.18	
2.	PALLARES GALLEGO, Alfredo	78	C.D. Swim Granada				7:49.62	134,00
	50m: 45.56 45.56	150m: 2:36.08	58.55	250m: 4:38.39	1:01.97	350m: 6:44.76	1:03.29	
	100m: 1:37.53 51.97	200m: 3:36.42	1:00.34	300m: 5:41.47	1:03.08	400m: 7:49.62	1:04.86	
45+								
1.	GARACH GOMEZ, Manuel	74	Universidad De Granada				4:44.04	648,00
	50m: 31.46 31.46	150m: 1:42.01	35.52	250m: 2:55.00	36.53	350m: 4:08.44	36.40	
	100m: 1:06.49 35.03	200m: 2:18.47	36.46	300m: 3:32.04	37.04	400m: 4:44.04	35.60	
2.	NUÑEZ TERRON, Pedro	73	Universidad De Granada				5:45.80	359,00
	50m: 36.63 36.63	150m: 2:00.18	43.18	250m: 3:29.52	45.00	350m: 5:00.43	45.77	
	100m: 1:17.00 40.37	200m: 2:44.52	44.34	300m: 4:14.66	45.14	400m: 5:45.80	45.37	

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50+

1.	MARTIN LEON, Antonio Luis	72	Universidad De Granada	5:41.10	445,00
	50m: 37.35	37.35	150m: 2:01.26	43.21	250m: 3:28.65
	100m: 1:18.05	40.70	200m: 2:44.75	43.49	300m: 4:12.87
				43.90	350m: 4:56.49
				44.22	400m: 5:41.10
					44.61
2.	POLO ROMERO, German	69	C.N. Armilla	5:52.17	404,00
	50m: 38.32	38.32	150m: 2:02.80	43.52	250m: 3:33.58
	100m: 1:19.28	40.96	200m: 2:47.83	45.03	300m: 4:19.48
				45.75	350m: 5:06.15
				45.90	400m: 5:52.17
					46.67
3.	RODRIGUEZ TOVAR, Manuel Felipe	72	C.D. Swim Granada	5:55.30	394,00
	50m: 40.51	40.51	150m: 2:09.36	45.07	250m: 3:39.70
	100m: 1:24.29	43.78	200m: 2:54.45	45.09	300m: 4:25.02
				45.25	350m: 5:10.64
				45.32	400m: 5:55.30
					44.66

55+

1.	BLAZQUEZ DIEGUEZ, Angel	63	C.D. Swim Granada	5:39.49	501,00
	50m: 36.78	36.78	150m: 1:59.34	42.30	250m: 3:26.88
	100m: 1:17.04	40.26	200m: 2:42.93	43.59	300m: 4:11.71
				44.83	350m: 4:55.27
					43.56
					44.22
2.	CASTRO AGUILAR, Custodio	63	Universidad De Granada	6:26.49	340,00
	50m: 43.78	43.78	150m: 2:20.47	48.58	250m: 3:58.05
	100m: 1:31.89	48.11	200m: 3:09.05	48.58	300m: 4:47.53
				49.00	350m: 5:37.44
				49.48	400m: 6:26.49
					49.91
3.	FERNANDEZ RODRIGUEZ, Laureano	65	C.N. Roquetas	8:19.26	157,00
	50m: 51.71	51.71	150m: 2:55.07	1:03.98	250m: 5:05.13
	100m: 1:51.09	59.38	200m: 3:59.24	1:04.17	300m: 6:10.16
				1:05.89	350m: 7:14.52
				1:05.03	400m: 8:19.26
					1:04.36
					1:04.74

60+

1.	HOBBS, David	59	Universidad De Granada	6:01.87	521,00
	50m: 39.73	39.73	150m: 2:10.33	45.92	250m: 3:43.27
	100m: 1:24.41	44.68	200m: 2:56.72	46.39	300m: 4:29.64
				46.55	350m: 5:15.63
				46.37	400m: 6:01.87
					45.99
					46.24