

Prueba 4
27/01/2023 - 19:41

Fem., 400m Estilos

20 años y mayores
Resultados

Clasificación	AN		Tiempo		Puntos
25+					
1.	ESLAVA TRONCOSO, Yolanda	96	C.D. Jerez Natacion Master	6:41.94	19,00
	50m: 42.98 42.98 150m: 2:26.98 51.86 250m: 4:12.01 54.85 350m: 5:57.39 48.31				
	100m: 1:35.12 52.14 200m: 3:17.16 50.18 300m: 5:09.08 57.07 400m: 6:41.94 44.55				
2.	GOMEZ DIEZ DE LA CORTINA, Esther	96	C.N. Roquetas	7:02.19	16,00
	50m: 43.06 43.06 150m: 2:32.46 56.11 250m: 4:24.57 58.26 350m: 6:15.97 50.59				
	100m: 1:36.35 53.29 200m: 3:26.31 53.85 300m: 5:25.38 1:00.81 400m: 7:02.19 46.22				
3.	DE LA ROSA CORDERO, M.	94	C.D. Master Huelva	7:13.66	14,00
	50m: 45.25 45.25 150m: 2:37.48 56.50 250m: 4:31.36 58.44 350m: 6:23.33 52.10				
	100m: 1:40.98 55.73 200m: 3:32.92 55.44 300m: 5:31.23 59.87 400m: 7:13.66 50.33				
30+					
1.	FERRON BECERRA, Rocio	90	C.N. Los Barrios	5:48.73	19,00
	50m: 34.18 34.18 150m: 2:00.44 44.68 250m: 3:35.35 50.11 350m: 5:08.31 41.61				
	100m: 1:15.76 41.58 200m: 2:45.24 44.80 300m: 4:26.70 51.35 400m: 5:48.73 40.42				
2.	SERRANO VAZQUEZ, Elvira	90	C.D.N. Cordoba	6:05.02	16,00
	50m: 37.16 37.16 150m: 2:03.15 45.47 250m: 3:42.30 53.27 350m: 5:21.84 45.30				
	100m: 1:17.68 40.52 200m: 2:49.03 45.88 300m: 4:36.54 54.24 400m: 6:05.02 43.18				
3.	CABALLERO ORERO, Alba	92	Fed. Melillense	6:37.98	14,00
	50m: 42.66 42.66 150m: 2:24.78 51.02 250m: 4:10.27 56.41 350m: 5:54.28 44.85				
	100m: 1:33.76 51.10 200m: 3:13.86 49.08 300m: 5:09.43 59.16 400m: 6:37.98 43.70				
4.	RUIZ MORENO, Irene	89	C.D. Jerez Natacion Master	6:41.09	13,00
	50m: 45.37 45.37 150m: 2:33.24 53.79 250m: 4:16.83 49.31 350m: 5:55.35 47.60				
	100m: 1:39.45 54.08 200m: 3:27.52 54.28 300m: 5:07.75 50.92 400m: 6:41.09 45.74				
35+					
1.	ROLDÁN GÓMEZ, Alba	86	C.D. Jerez Natacion Master	5:40.33	19,00
	50m: 35.09 35.09 150m: 2:01.66 45.30 250m: 3:31.34 45.37 350m: 5:00.64 41.88				
	100m: 1:16.36 41.27 200m: 2:45.97 44.31 300m: 4:18.76 47.42 400m: 5:40.33 39.69				
2.	RODRÍGUEZ PRADOS, Laura	87	C.D. Swim Granada	7:15.62	16,00
	50m: 50.13 50.13 150m: 2:47.91 1:00.86 250m: 4:41.13 55.05 350m: 6:28.36 50.27				
	100m: 1:47.05 56.92 200m: 3:46.08 58.17 300m: 5:38.09 56.96 400m: 7:15.62 47.26				
3.	PASCUAL DUTRIEUX, Barbara	84	C.D. Master Huelva	7:31.30	14,00
	50m: 47.88 47.88 150m: 2:47.13 1:00.62 250m: 4:45.64 58.79 350m: 6:37.80 52.97				
	100m: 1:46.51 58.63 200m: 3:46.85 59.72 300m: 5:44.83 59.19 400m: 7:31.30 53.50				
40+					
1.	MORIANA MARTIN, Fatima	82	C.D. Jerez Natacion Master	6:27.10	19,00
	50m: 40.94 40.94 150m: 2:20.22 51.31 250m: 4:05.29 55.49 350m: 5:45.99 43.11				
	100m: 1:28.91 47.97 200m: 3:09.80 49.58 300m: 5:02.88 57.59 400m: 6:27.10 41.11				
2.	TORTOSA RUIZ, Beatriz	79	Fed. Melillense	8:14.79	16,00
	50m: 51.20 51.20 150m: 2:51.45 1:00.91 250m: 5:12.13 1:19.12 350m: 7:23.80 52.78				
	100m: 1:50.54 59.34 200m: 3:53.01 1:01.56 300m: 6:31.02 1:18.89 400m: 8:14.79 50.99				
3.	MUÑOZ, M ^a Angeles	80	Fed. Melillense	8:20.88	14,00
	50m: 55.82 55.82 150m: 3:12.04 1:06.69 250m: 5:18.48 1:02.14 350m: 7:26.15 58.18				
	100m: 2:05.35 1:09.53 200m: 4:16.34 1:04.30 300m: 6:27.97 1:09.49 400m: 8:20.88 54.73				

Prueba 4, Fem., 400m Estilos

45+

1.	MORALES ORTIZ, Esther	78	Universidad De Granada	6:42.25	19,00
	50m: 44.86 44.86	150m: 2:30.96	53.04	250m: 4:18.47	55.92
	100m: 1:37.92 53.06	200m: 3:22.55	51.59	300m: 5:13.55	55.08
				350m: 5:59.36	45.81
				400m: 6:42.25	42.89
2.	LORITE COBO, Amelia	75	C.N. Master Jaen	7:07.17	16,00
	50m: 46.01 46.01	150m: 2:38.56	59.16	250m: 4:30.77	56.43
	100m: 1:39.40 53.39	200m: 3:34.34	55.78	300m: 5:28.90	58.13
				350m: 6:19.52	50.62
				400m: 7:07.17	47.65
3.	GIMENEZ ALOS, Maria Teresa	77	C.D. Jerez Natacion Master	7:17.76	14,00
	50m: 51.06 51.06	150m: 2:46.46	55.22	250m: 4:43.52	1:03.51
	100m: 1:51.24 1:00.18	200m: 3:40.01	53.55	300m: 5:47.84	1:04.32
				350m: 6:34.26	46.42
				400m: 7:17.76	43.50
4.	CALVENTE NINATSAKI, Lidia	74	C.D. Swim Granada	7:28.41	13,00
	50m: 48.61 48.61	150m: 2:43.09	56.57	250m: 4:41.59	1:03.30
	100m: 1:46.52 57.91	200m: 3:38.29	55.20	300m: 5:47.33	1:05.74
				350m: 6:39.33	52.00
				400m: 7:28.41	49.08

50+

1.	HELENA BRENKE, Sonja	71	C.D. Master Huelva	7:41.72	19,00
	50m: 55.24 55.24	150m: 2:55.59	58.37	250m: 4:54.48	1:01.21
	100m: 1:57.22 1:01.98	200m: 3:53.27	57.68	300m: 5:57.03	1:02.55
				350m: 6:50.93	53.90
				400m: 7:41.72	50.79

55+

1.	CORDAL CASTRO, Mª Angeles	66	Natacion Sevilla Master, C.D.	7:52.52	19,00
	50m: 52.17 52.17	150m: 2:57.58	1:02.60	250m: 5:02.70	1:05.20
	100m: 1:54.98 1:02.81	200m: 3:57.50	59.92	300m: 6:09.36	1:06.66
				350m: 7:03.87	54.51
				400m: 7:52.52	48.65
2.	HERRERA CAMES, Victoria	68	Natacion Sevilla Master, C.D.	8:33.31	16,00
	50m: 56.32 56.32	150m: 3:09.00	1:06.27	250m: 5:26.88	1:11.12
	100m: 2:02.73 1:06.41	200m: 4:15.76	1:06.76	300m: 6:36.38	1:09.50
				350m: 7:36.77	1:00.39
				400m: 8:33.31	56.54
3.	GARCIA GARCIA, Rocio	67	Natacion Sevilla Master, C.D.	9:01.55	14,00
	50m: 1:01.99 1:01.99	150m: 3:31.61	1:10.55	250m: 5:53.57	1:12.43
	100m: 2:21.06 1:19.07	200m: 4:41.14	1:09.53	300m: 7:05.05	1:11.48
				350m: 8:06.86	1:01.81
				400m: 9:01.55	54.69

60+

1.	OCHOA SANCHEZ, Carmen	61	Natacion Sevilla Master, C.D.	7:53.66	19,00
	50m: 53.62 53.62	150m: 2:59.50	1:04.62	250m: 5:09.38	1:05.69
	100m: 1:54.88 1:01.26	200m: 4:03.69	1:04.19	300m: 6:14.51	1:05.13
				350m: 7:05.53	51.02
				400m: 7:53.66	48.13
2.	JARQUE MULERO, Elena	61	Natacion Sevilla Master, C.D.	9:01.83	16,00
	50m: 57.35 57.35	150m: 3:24.68	1:12.06	250m: 5:45.27	1:08.37
	100m: 2:12.62 1:15.27	200m: 4:36.90	1:12.22	300m: 6:53.30	1:08.03
				350m: 8:00.11	1:06.81
				400m: 9:01.83	1:01.72