

Prueba 6
26/03/2023 - 12:05

Fem., 3000m Libre

20+
Resultados

Clasificación	AN		Tiempo	
1. CARMONA SANCHEZ, Alba	03	C.N. Armilla	43:23.39	24,00 RA
50m: 40.54	40.54	800m: 11:26.84	43.39	1550m: 22:20.64
100m: 1:22.09	41.55	850m: 12:09.99	43.15	1600m: 23:04.50
150m: 2:05.17	43.08	900m: 12:53.14	43.15	1650m: 23:48.39
200m: 2:48.53	43.36	950m: 13:36.29	43.15	1700m: 24:32.11
250m: 3:31.23	42.70	1000m: 14:19.74	43.45	1750m: 25:15.32
300m: 4:14.15	42.92	1050m: 15:02.95	43.21	1800m: 25:59.35
350m: 4:57.31	43.16	1100m: 15:46.09	43.14	1850m: 26:43.19
400m: 5:40.87	43.56	1150m: 16:30.51	44.42	1900m: 27:27.21
450m: 6:24.21	43.34	1200m: 17:14.34	43.83	1950m: 28:11.49
500m: 7:07.55	43.34	1250m: 17:57.99	43.65	2000m: 28:55.31
550m: 7:50.73	43.18	1300m: 18:41.64	43.65	2050m: 29:38.16
600m: 8:33.91	43.18	1350m: 19:25.02	43.38	2100m: 30:21.50
650m: 9:17.27	43.36	1400m: 20:09.10	44.08	2150m: 31:04.42
700m: 10:00.19	42.92	1450m: 20:53.30	44.20	2200m: 31:47.26
750m: 10:43.45	43.26	1500m: 21:36.87	43.57	2250m: 32:30.27
				2300m: 33:13.22
				2350m: 33:56.42
				2400m: 34:39.59
				2450m: 35:22.55
				2500m: 36:05.44
				2550m: 36:48.96
				2600m: 37:32.41
				2650m: 38:16.59
				2700m: 39:00.46
				2750m: 39:44.59
				2800m: 40:28.61
				2850m: 41:12.60
				2900m: 41:56.87
				2950m: 42:40.76
				3000m: 43:23.39
2. DURAN COBOS, Ainhoa	01	C.D.N. Cordoba	44:16.72	16,00
50m: 41.96	41.96	800m: 11:37.65	44.05	1550m: 22:40.37
100m: 1:24.18	42.22	850m: 12:21.89	44.24	1600m: 23:25.10
150m: 2:07.04	42.86	900m: 13:06.13	44.24	1650m: 24:09.59
200m: 2:50.45	43.41	950m: 13:50.03	43.90	1700m: 24:53.85
250m: 3:33.25	42.80	1000m: 14:33.99	43.96	1750m: 25:37.85
300m: 4:17.12	43.87	1050m: 15:17.64	43.65	1800m: 26:22.44
350m: 5:01.38	44.26	1100m: 16:01.78	44.14	1850m: 27:06.82
400m: 5:44.81	43.43	1150m: 16:45.98	44.20	1900m: 27:51.72
450m: 6:29.18	44.37	1200m: 17:30.20	44.22	1950m: 28:35.79
500m: 7:13.06	43.88	1250m: 18:14.68	44.48	2000m: 29:20.00
550m: 7:57.24	44.18	1300m: 18:58.90	44.22	2050m: 30:04.44
600m: 8:41.50	44.26	1350m: 19:43.20	44.30	2100m: 30:48.99
650m: 9:25.76	44.26	1400m: 20:27.63	44.43	2150m: 31:33.12
700m: 10:09.71	43.95	1450m: 21:12.30	44.67	2200m: 32:17.03
750m: 10:53.60	43.89	1500m: 21:56.14	43.84	2250m: 33:01.48
				2300m: 33:46.12
				2350m: 34:30.68
				2400m: 35:15.59
				2450m: 36:00.56
				2500m: 36:45.39
				2550m: 37:30.71
				2600m: 38:16.39
				2650m: 39:01.96
				2700m: 39:47.56
				2750m: 40:33.15
				2800m: 41:18.65
				2850m: 42:04.24
				2900m: 42:49.26
				2950m: 43:34.39
				3000m: 44:16.72
3. CARTES ORDOVAS, Alba	99	C.D.N. Cordoba	45:57.66	14,00
50m: 41.92	41.92	800m: 11:39.12	44.54	1550m: 23:26.56
100m: 1:24.63	42.71	850m: 12:23.69	44.57	1600m: 24:14.90
150m: 2:07.65	43.02	900m: 13:09.49	45.80	1650m: 25:03.06
200m: 2:50.78	43.13	950m: 13:55.70	46.21	1700m: 25:51.88
250m: 3:33.47	42.69	1000m: 14:42.84	47.14	1750m: 26:40.02
300m: 4:17.21	43.74	1050m: 15:29.84	47.00	1800m: 27:28.47
350m: 5:01.92	44.71	1100m: 16:16.92	47.08	1850m: 28:16.59
400m: 5:45.11	43.19	1150m: 17:04.76	47.84	1900m: 29:04.98
450m: 6:29.64	44.53	1200m: 17:51.89	47.13	1950m: 29:52.78
500m: 7:13.60	43.96	1250m: 18:40.66	48.77	2000m: 30:40.63
550m: 7:57.78	44.18	1300m: 19:27.12	46.46	2050m: 31:28.92
600m: 8:41.88	44.10	1350m: 20:15.38	48.26	2100m: 32:17.01
650m: 9:26.13	44.25	1400m: 21:03.62	48.24	2150m: 33:04.41
700m: 10:10.80	44.67	1450m: 21:52.01	48.39	2200m: 33:52.79
750m: 10:54.58	43.78	1500m: 22:40.17	48.16	2250m: 34:40.92
				2300m: 35:28.66
				2350m: 36:14.87
				2400m: 37:01.18
				2450m: 37:48.45
				2500m: 38:34.56
				2550m: 39:19.63
				2600m: 40:05.42
				2650m: 40:50.68
				2700m: 41:33.74
				2750m: 42:18.12
				2800m: 43:03.07
				2850m: 43:47.56
				2900m: 44:32.60
				2950m: 45:17.55
				3000m: 45:57.66

Prueba 6, Fem., 3000m Libre

Prueba 6
26/03/2023 - 12:05

Fem., 3000m Libre

25+
Resultados

Clasificación	AN		Tiempo	
1. DE LA PRIDA RUIZ, Elsa	97	Natacion Sevilla Master, C.D.	43:28.77	19,00
50m: 39.65	39.65	800m: 11:26.64	44.14	1550m: 22:17.91
100m: 1:20.77	41.12	850m: 12:09.70	43.06	1600m: 23:02.72
150m: 2:02.98	42.21	900m: 12:52.51	42.81	1650m: 23:46.45
200m: 2:45.56	42.58	950m: 13:35.62	43.11	1700m: 24:30.00
250m: 3:29.11	43.55	1000m: 14:18.76	43.14	1750m: 25:13.22
300m: 4:12.09	42.98	1050m: 15:02.36	43.60	1800m: 25:56.66
350m: 4:54.55	42.46	1100m: 15:45.70	43.34	1850m: 26:40.16
400m: 5:37.25	42.70	1150m: 16:29.43	43.73	1900m: 27:24.62
450m: 6:20.08	42.83	1200m: 17:13.73	44.30	1950m: 28:08.24
500m: 7:03.83	43.75	1250m: 17:57.47	43.74	2000m: 28:52.69
550m: 7:47.76	43.93	1300m: 18:41.17	43.70	2050m: 29:36.66
600m: 8:31.27	43.51	1350m: 19:25.04	43.87	2100m: 30:21.58
650m: 9:14.92	43.65	1400m: 20:08.19	43.15	2150m: 31:06.27
700m: 9:58.29	43.37	1450m: 20:51.54	43.35	2200m: 31:50.01
750m: 10:42.50	44.21	1500m: 21:34.75	43.21	2250m: 32:33.84
				2300m: 33:17.97
				2350m: 34:01.87
				2400m: 34:45.87
				2450m: 35:30.97
				2500m: 36:15.99
				2550m: 37:00.18
				2600m: 37:43.65
				2650m: 38:27.15
				2700m: 39:10.92
				2750m: 39:54.65
				2800m: 40:39.04
				2850m: 41:22.91
				2900m: 42:06.38
				2950m: 42:49.05
				3000m: 43:28.77
2. CAMPOS LLAMAS, Atenea	94	Natacion Sevilla Master, C.D.	48:20.39	16,00
50m: 43.96	43.96	800m: 12:33.45	47.70	1550m: 24:35.23
100m: 1:28.99	45.03	850m: 13:20.83	47.38	1600m: 25:23.46
150m: 2:15.58	46.59	900m: 14:09.24	48.41	1650m: 26:12.78
200m: 3:01.33	45.75	950m: 14:59.87	50.63	1700m: 27:02.75
250m: 3:49.80	48.47	1000m: 15:48.05	48.18	1750m: 27:52.30
300m: 4:37.10	47.30	1050m: 16:36.23	48.18	1800m: 28:45.08
350m: 5:25.16	48.06	1100m: 17:25.02	48.79	1850m: 29:34.31
400m: 6:12.39	47.23	1150m: 18:13.67	48.65	1900m: 30:22.18
450m: 7:00.49	48.10	1200m: 19:01.22	47.55	1950m: 31:10.52
500m: 7:47.92	47.43	1250m: 19:48.57	47.35	2000m: 31:58.76
550m: 8:34.16	46.24	1300m: 20:35.22	46.65	2050m: 32:47.33
600m: 9:21.99	47.83	1350m: 21:23.07	47.85	2100m: 33:36.35
650m: 10:08.65	46.66	1400m: 22:11.40	48.33	2150m: 34:25.73
700m: 10:56.38	47.73	1450m: 22:59.61	48.21	2200m: 35:14.44
750m: 11:45.75	49.37	1500m: 23:47.03	47.42	2250m: 36:03.95
				2300m: 36:53.34
				2350m: 37:42.92
				2400m: 38:31.91
				2450m: 39:20.63
				2500m: 40:09.20
				2550m: 40:58.48
				2600m: 41:49.55
				2650m: 42:39.67
				2700m: 43:29.08
				2750m: 44:18.50
				2800m: 45:08.63
				2850m: 45:58.64
				2900m: 46:48.59
				2950m: 47:38.14
				3000m: 48:20.39
WDR MANCERA REINA, Ana	94	Natacion Sevilla Master, C.D.		-

Prueba 6
26/03/2023 - 12:05

Fem., 3000m Libre

30+
Resultados

Clasificación	AN		Tiempo	
1. GUERRERO GARCÍA, Estela	93	Natacion Sevilla Master, C.D.	42:52.52	19,00
50m: 39.07	39.07	800m: 11:20.09	42.99	1550m: 22:07.11
100m: 1:20.69	41.62	850m: 12:04.61	44.52	1600m: 22:51.12
150m: 2:02.63	41.94	900m: 12:47.36	42.75	1650m: 23:32.80
200m: 2:44.89	42.26	950m: 13:30.31	42.95	1700m: 24:15.50
250m: 3:27.01	42.12	1000m: 14:13.25	42.94	1750m: 24:58.31
300m: 4:09.44	42.43	1050m: 14:55.95	42.70	1800m: 25:40.93
350m: 4:53.35	43.91	1100m: 15:38.86	42.91	1850m: 26:23.83
400m: 5:36.44	43.09	1150m: 16:21.85	42.99	1900m: 27:06.54
450m: 6:19.97	43.53	1200m: 17:04.59	42.74	1950m: 27:49.64
500m: 7:02.65	42.68	1250m: 17:48.10	43.51	2000m: 28:32.91
550m: 7:45.47	42.82	1300m: 18:31.37	43.27	2050m: 29:16.11
600m: 8:28.00	42.53	1350m: 19:14.74	43.37	2100m: 29:59.00
650m: 9:11.02	43.02	1400m: 19:57.47	42.73	2150m: 30:42.29
700m: 9:54.42	43.40	1450m: 20:41.20	43.73	2200m: 31:24.77
750m: 10:37.10	42.68	1500m: 21:23.81	42.61	2250m: 32:07.63
				2300m: 32:50.73
				2350m: 33:33.69
				2400m: 34:16.36
				2450m: 34:59.21
				2500m: 35:42.50
				2550m: 36:25.38
				2600m: 37:08.95
				2650m: 37:52.42
				2700m: 38:35.24
				2750m: 39:18.82
				2800m: 40:01.84
				2850m: 40:45.46
				2900m: 41:28.74
				2950m: 42:10.84
				3000m: 42:52.52

Prueba 6, Fem., 3000m Libre, 30+

Clasificación	AN		Tiempo	
2. MORALES SOLANO, M^a Jesus	91	C.D.N. Cordoba	43:15.41	16,00
50m: 40.37	40.37	800m: 11:21.35	43.04	1550m: 22:08.78
100m: 1:21.62	41.25	850m: 12:04.30	42.95	1600m: 22:52.07
150m: 2:03.34	41.72	900m: 12:47.24	42.94	1650m: 23:34.84
200m: 2:45.93	42.59	950m: 13:30.19	42.95	1700m: 24:17.54
250m: 3:28.44	42.51	1000m: 14:13.53	43.34	1750m: 25:00.52
300m: 4:11.30	42.86	1050m: 14:56.56	43.03	1800m: 25:44.02
350m: 4:54.40	43.10	1100m: 15:39.58	43.02	1850m: 26:27.20
400m: 5:37.32	42.92	1150m: 16:22.93	43.35	1900m: 27:10.31
450m: 6:20.47	43.15	1200m: 17:06.01	43.08	1950m: 27:53.72
500m: 7:03.56	43.09	1250m: 17:49.19	43.18	2000m: 28:37.05
550m: 7:46.41	42.85	1300m: 18:32.33	43.14	2050m: 29:19.92
600m: 8:29.36	42.95	1350m: 19:15.63	43.30	2100m: 30:03.36
650m: 9:12.64	43.28	1400m: 19:59.31	43.68	2150m: 30:47.21
700m: 9:55.46	42.82	1450m: 20:42.60	43.29	2200m: 31:31.56
750m: 10:38.31	42.85	1500m: 21:25.98	43.38	2250m: 32:14.31
				2300m: 32:58.26
				2350m: 33:43.27
				2400m: 34:27.20
				2450m: 35:11.23
				2500m: 35:54.42
				2550m: 36:37.82
				2600m: 37:21.77
				2650m: 38:05.63
				2700m: 38:49.87
				2750m: 39:34.99
				2800m: 40:18.54
				2850m: 41:02.94
				2900m: 41:47.97
				2950m: 42:32.10
				3000m: 43:15.41
3. CABALLERO ORERO, Alba	92	C.N. Melilla	48:19.57	14,00
50m: 41.04	41.04	800m: 12:28.21	47.77	1550m: 24:33.14
100m: 1:26.59	45.55	850m: 13:16.41	48.20	1600m: 25:22.12
150m: 2:13.62	47.03	900m: 14:03.95	47.54	1650m: 26:10.22
200m: 3:00.06	46.44	950m: 14:51.24	47.29	1700m: 26:59.13
250m: 3:46.76	46.70	1000m: 15:39.42	48.18	1750m: 27:47.85
300m: 4:33.45	46.69	1050m: 16:27.22	47.80	1800m: 28:37.01
350m: 5:20.05	46.60	1100m: 17:15.39	48.17	1850m: 29:26.78
400m: 6:07.55	47.50	1150m: 18:03.34	47.95	1900m: 30:15.25
450m: 6:55.37	47.82	1200m: 18:51.67	48.33	1950m: 31:04.52
500m: 7:42.67	47.30	1250m: 19:40.27	48.60	2000m: 31:54.12
550m: 8:30.65	47.98	1300m: 20:29.20	48.93	2050m: 32:43.59
600m: 9:18.31	47.66	1350m: 21:17.77	48.57	2100m: 33:33.00
650m: 10:05.44	47.13	1400m: 22:06.81	49.04	2150m: 34:22.19
700m: 10:53.00	47.56	1450m: 22:55.23	48.42	2200m: 35:12.23
750m: 11:40.44	47.44	1500m: 23:43.81	48.58	2250m: 36:02.14
				2300m: 36:51.76
				2350m: 37:41.45
				2400m: 38:30.94
				2450m: 39:20.57
				2500m: 40:09.04
				2550m: 40:58.44
				2600m: 41:48.61
				2650m: 42:37.73
				2700m: 43:27.09
				2750m: 44:16.99
				2800m: 45:06.81
				2850m: 45:56.51
				2900m: 46:46.16
				2950m: 47:35.18
				3000m: 48:19.57

Prueba 6

Fem., 3000m Libre

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26/03/2023 - 12:05

Resultados

Clasificación	AN		Tiempo	
1. RODRÍGUEZ PRADOS, Laura	87	C.D. Swim Granada	51:49.35	19,00
50m: 47.02	47.02	800m: 13:44.39	52.15	1550m: 26:41.31
100m: 1:37.55	50.53	850m: 14:36.50	52.11	1600m: 27:33.04
150m: 2:29.24	51.69	900m: 15:28.38	51.88	1650m: 28:25.19
200m: 3:21.59	52.35	950m: 16:20.20	51.82	1700m: 29:17.73
250m: 4:13.22	51.63	1000m: 17:11.57	51.37	1750m: 30:09.60
300m: 5:05.24	52.02	1050m: 18:02.51	50.94	1800m: 31:01.75
350m: 5:57.54	52.30	1100m: 18:53.22	50.71	1850m: 31:53.81
400m: 6:50.02	52.48	1150m: 19:45.24	52.02	1900m: 32:45.58
450m: 7:42.29	52.27	1200m: 20:36.89	51.65	1950m: 33:37.96
500m: 8:33.99	51.70	1250m: 21:28.89	52.00	2000m: 34:30.34
550m: 9:25.68	51.69	1300m: 22:20.89	52.00	2050m: 35:23.16
600m: 10:16.81	51.13	1350m: 23:12.95	52.06	2100m: 36:15.49
650m: 11:08.53	51.72	1400m: 24:05.09	52.14	2150m: 37:08.41
700m: 12:00.92	52.39	1450m: 24:57.31	52.22	2200m: 38:01.00
750m: 12:52.24	51.32	1500m: 25:49.74	52.43	2250m: 38:53.53
				2300m: 39:46.05
				2350m: 40:38.59
				2400m: 41:30.40
				2450m: 42:22.34
				2500m: 43:14.27
				2550m: 44:06.28
				2600m: 44:58.42
				2650m: 45:50.57
				2700m: 46:42.56
				2750m: 47:35.09
				2800m: 48:26.98
				2850m: 49:19.39
				2900m: 50:11.22
				2950m: 51:02.37
				3000m: 51:49.35

Prueba 6, Fem., 3000m Libre, 35+

Clasificación	AN		Tiempo	
2. BEAS LOPEZ, Alba	88	Natacion Sevilla Master, C.D.		56:16.48 16,00
50m: 47.53	47.53	800m: 14:18.03	55.52	1550m: 28:40.76
100m: 1:37.19	49.66	850m: 15:12.68	54.65	1600m: 29:38.46
150m: 2:27.88	50.69	900m: 16:08.39	55.71	1650m: 30:35.61
200m: 3:20.72	52.84	950m: 17:03.95	55.56	1700m: 31:33.81
250m: 4:12.28	51.56	1000m: 18:02.59	58.64	1750m: 32:35.30
300m: 5:05.17	52.89	1050m: 18:59.13	56.54	1800m: 33:32.21
350m: 5:59.24	54.07	1100m: 19:56.73	57.60	1850m: 34:30.93
400m: 6:53.61	54.37	1150m: 20:58.23	1:01.50	1900m: 35:28.83
450m: 7:48.08	54.47	1200m: 21:54.71	56.48	1950m: 36:28.12
500m: 8:44.69	56.61	1250m: 22:49.05	54.34	2000m: 37:26.39
550m: 9:38.75	54.06	1300m: 23:46.97	57.92	2050m: 38:23.39
600m: 10:36.39	57.64	1350m: 24:47.00	1:00.03	2100m: 39:20.03
650m: 11:30.30	53.91	1400m: 25:44.68	57.68	2150m: 40:21.48
700m: 12:24.54	54.24	1450m: 26:43.32	58.64	2200m: 41:20.24
750m: 13:22.51	57.97	1500m: 27:43.07	59.75	2250m: 42:14.34
				2300m: 43:10.95
				2350m: 44:05.48
				2400m: 45:01.21
				2450m: 45:58.30
				2500m: 46:56.13
				2550m: 47:55.24
				2600m: 48:53.27
				2650m: 49:48.02
				2700m: 50:43.66
				2750m: 51:39.00
				2800m: 52:35.47
				2850m: 53:32.05
				2900m: 54:28.01
				2950m: 55:28.11
				3000m: 56:16.48

Prueba 6
26/03/2023 - 12:05

Fem., 3000m Libre

40+
Resultados

Clasificación	AN		Tiempo	
1. ROMERO LOBATO, Carolina	83	C.N. Caballa - Ciudad De Ceuta		53:57.49 19,00
50m: 50.23	50.23	800m: 14:08.32	54.04	1550m: 27:45.92
100m: 1:40.44	50.21	850m: 15:01.50	53.18	1600m: 28:40.75
150m: 2:31.89	51.45	900m: 15:56.14	54.64	1650m: 29:35.27
200m: 3:25.12	53.23	950m: 16:51.68	55.54	1700m: 30:31.73
250m: 4:18.22	53.10	1000m: 17:46.82	55.14	1750m: 31:27.67
300m: 5:10.97	52.75	1050m: 18:41.21	54.39	1800m: 32:23.14
350m: 6:04.12	53.15	1100m: 19:35.37	54.16	1850m: 33:19.63
400m: 6:57.56	53.44	1150m: 20:28.99	53.62	1900m: 34:14.53
450m: 7:50.37	52.81	1200m: 21:23.60	54.61	1950m: 35:08.89
500m: 8:42.39	52.02	1250m: 22:18.52	54.92	2000m: 36:02.63
550m: 9:35.65	53.26	1300m: 23:13.44	54.92	2050m: 36:57.69
600m: 10:29.37	53.72	1350m: 24:08.24	54.80	2100m: 37:51.02
650m: 11:24.91	55.54	1400m: 25:02.02	53.78	2150m: 38:45.15
700m: 12:19.92	55.01	1450m: 25:56.62	54.60	2200m: 39:39.42
750m: 13:14.28	54.36	1500m: 26:51.57	54.95	2250m: 40:34.46
				2300m: 41:29.99
				2350m: 42:24.68
				2400m: 43:19.96
				2450m: 44:13.55
				2500m: 45:09.28
				2550m: 46:03.89
				2600m: 46:58.08
				2650m: 47:52.79
				2700m: 48:47.98
				2750m: 49:40.26
				2800m: 50:32.92
				2850m: 51:26.46
				2900m: 52:18.61
				2950m: 53:11.64
				3000m: 53:57.49
2. BRAVO JOYA, Sonia	80	C.N. Caballa - Ciudad De Ceuta		57:19.87 16,00
50m: 49.39	49.39	800m: 14:52.22	57.72	1550m: 29:16.90
100m: 1:41.80	52.41	850m: 15:49.93	57.71	1600m: 30:15.19
150m: 2:36.32	54.52	900m: 16:47.50	57.57	1650m: 31:13.17
200m: 3:31.42	55.10	950m: 17:45.31	57.81	1700m: 32:11.25
250m: 4:27.56	56.14	1000m: 18:42.94	57.63	1750m: 33:08.83
300m: 5:23.61	56.05	1050m: 19:40.44	57.50	1800m: 34:08.00
350m: 6:20.01	56.40	1100m: 20:37.27	56.83	1850m: 35:07.01
400m: 7:16.80	56.79	1150m: 21:33.88	56.61	1900m: 36:05.95
450m: 8:14.02	57.22	1200m: 22:31.44	57.56	1950m: 37:04.31
500m: 9:11.44	57.42	1250m: 23:28.43	56.99	2000m: 38:03.82
550m: 10:07.95	56.51	1300m: 24:26.09	57.66	2050m: 39:03.54
600m: 11:04.52	56.57	1350m: 25:23.60	57.51	2100m: 40:03.36
650m: 12:00.99	56.47	1400m: 26:21.46	57.86	2150m: 41:01.72
700m: 12:57.62	56.63	1450m: 27:20.65	59.19	2200m: 42:00.64
750m: 13:54.50	56.88	1500m: 28:18.56	57.91	2250m: 43:01.36
				2300m: 43:59.86
				2350m: 44:58.14
				2400m: 45:56.68
				2450m: 46:54.85
				2500m: 47:52.67
				2550m: 48:50.84
				2600m: 49:48.76
				2650m: 50:49.04
				2700m: 51:45.71
				2750m: 52:41.40
				2800m: 53:37.73
				2850m: 54:33.99
				2900m: 55:29.79
				2950m: 56:26.97
				3000m: 57:19.87

Prueba 6, Fem., 3000m Libre, 40+

Clasificación	AN		Tiempo	
3. TORTOSA RUIZ, Beatriz	79	C.N. Melilla	57:42.14	14,00
50m: 48.97 48.97	800m: 14:30.38	56.63 1550m: 28:50.91	58.84	2300m: 43:40.95 1:00.35
100m: 1:40.87 51.90	850m: 15:27.31	56.93 1600m: 29:49.14	58.23	2350m: 44:41.37 1:00.42
150m: 2:34.76 53.89	900m: 16:23.91	56.60 1650m: 30:48.82	59.68	2400m: 45:42.18 1:00.81
200m: 3:29.03 54.27	950m: 17:20.79	56.88 1700m: 31:47.17	58.35	2450m: 46:41.87 59.69
250m: 4:22.81 53.78	1000m: 18:17.79	57.00 1750m: 32:45.98	58.81	2500m: 47:42.57 1:00.70
300m: 5:16.50 53.69	1050m: 19:14.27	56.48 1800m: 33:45.19	59.21	2550m: 48:42.38 59.81
350m: 6:11.02 54.52	1100m: 20:10.92	56.65 1850m: 34:43.60	58.41	2600m: 49:41.70 59.32
400m: 7:05.93 54.91	1150m: 21:08.39	57.47 1900m: 35:41.70	58.10	2650m: 50:41.59 59.89
450m: 8:01.18 55.25	1200m: 22:05.83	57.44 1950m: 36:41.78	1:00.08	2700m: 51:42.02 1:00.43
500m: 8:55.32 54.14	1250m: 23:03.00	57.17 2000m: 37:40.72	58.94	2750m: 52:41.37 59.35
550m: 9:50.23 54.91	1300m: 24:00.62	57.62 2050m: 38:40.53	59.81	2800m: 53:41.60 1:00.23
600m: 10:45.65 55.42	1350m: 24:58.28	57.66 2100m: 39:40.24	59.71	2850m: 54:41.38 59.78
650m: 11:41.76 56.11	1400m: 25:56.26	57.98 2150m: 40:40.44	1:00.20	2900m: 55:41.18 59.80
700m: 12:37.98 56.22	1450m: 26:54.03	57.77 2200m: 41:41.20	1:00.76	2950m: 56:41.76 1:00.58
750m: 13:33.75 55.77	1500m: 27:52.07	58.04 2250m: 42:40.60	59.40	3000m: 57:42.14 1:00.38

Prueba 6
26/03/2023 - 12:05

Fem., 3000m Libre

45+
Resultados

Clasificación	AN		Tiempo	
1. MORALES ORTIZ, Esther	78	Universidad De Granada	45:33.33	24,00 RA
50m: 44.36 44.36	800m: 12:05.98	44.96 1550m: 23:27.52	44.84	2300m: 34:52.16 46.24
100m: 1:28.42 44.06	850m: 12:51.54	45.56 1600m: 24:13.17	45.65	2350m: 35:38.00 45.84
150m: 2:13.39 44.97	900m: 13:36.97	45.43 1650m: 24:58.67	45.50	2400m: 36:24.04 46.04
200m: 2:58.61 45.22	950m: 14:22.37	45.40 1700m: 25:43.72	45.05	2450m: 37:10.43 46.39
250m: 3:44.29 45.68	1000m: 15:07.38	45.01 1750m: 26:29.71	45.99	2500m: 37:56.58 46.15
300m: 4:30.02 45.73	1050m: 15:52.80	45.42 1800m: 27:15.26	45.55	2550m: 38:42.42 45.84
350m: 5:15.99 45.97	1100m: 16:39.12	46.32 1850m: 28:00.70	45.44	2600m: 39:28.65 46.23
400m: 6:01.50 45.51	1150m: 17:24.43	45.31 1900m: 28:46.17	45.47	2650m: 40:14.80 46.15
450m: 6:46.98 45.48	1200m: 18:10.45	46.02 1950m: 29:31.94	45.77	2700m: 41:01.03 46.23
500m: 7:32.91 45.93	1250m: 18:55.82	45.37 2000m: 30:17.64	45.70	2750m: 41:46.79 45.76
550m: 8:18.52 45.61	1300m: 19:40.90	45.08 2050m: 31:03.02	45.38	2800m: 42:33.21 46.42
600m: 9:04.33 45.81	1350m: 20:26.26	45.36 2100m: 31:48.50	45.48	2850m: 43:19.48 46.27
650m: 9:50.00 45.67	1400m: 21:12.24	45.98 2150m: 32:34.34	45.84	2900m: 44:05.20 45.72
700m: 10:35.66 45.66	1450m: 21:57.43	45.19 2200m: 33:20.07	45.73	2950m: 44:50.27 45.07
750m: 11:21.02 45.36	1500m: 22:42.68	45.25 2250m: 34:05.92	45.85	3000m: 45:33.33 43.06
2. CALVENTE NINATSAKI, Lidia	74	C.D. Swim Granada	49:51.22	16,00
50m: 46.85 46.85	800m: 13:05.25	50.01 1550m: 25:31.28	49.66	2300m: 38:09.77 51.13
100m: 1:34.04 47.19	850m: 13:54.68	49.43 1600m: 26:22.80	51.52	2350m: 39:00.33 50.56
150m: 2:22.87 48.83	900m: 14:43.80	49.12 1650m: 27:13.06	50.26	2400m: 39:49.46 49.13
200m: 3:11.71 48.84	950m: 15:33.91	50.11 1700m: 28:03.48	50.42	2450m: 40:40.39 50.93
250m: 4:01.62 49.91	1000m: 16:23.53	49.62 1750m: 28:54.43	50.95	2500m: 41:31.29 50.90
300m: 4:51.11 49.49	1050m: 17:12.73	49.20 1800m: 29:45.05	50.62	2550m: 42:22.18 50.89
350m: 5:39.48 48.37	1100m: 18:02.04	49.31 1850m: 30:35.43	50.38	2600m: 43:12.90 50.72
400m: 6:29.12 49.64	1150m: 18:52.05	50.01 1900m: 31:26.23	50.80	2650m: 44:03.17 50.27
450m: 7:18.83 49.71	1200m: 19:42.48	50.43 1950m: 32:16.53	50.30	2700m: 44:53.18 50.01
500m: 8:08.67 49.84	1250m: 20:32.87	50.39 2000m: 33:06.32	49.79	2750m: 45:44.64 51.46
550m: 8:58.44 49.77	1300m: 21:22.42	49.55 2050m: 33:57.04	50.72	2800m: 46:34.96 50.32
600m: 9:47.88 49.44	1350m: 22:11.56	49.14 2100m: 34:47.64	50.60	2850m: 47:24.83 49.87
650m: 10:36.86 48.98	1400m: 23:01.50	49.94 2150m: 35:37.88	50.24	2900m: 48:15.36 50.53
700m: 11:26.38 49.52	1450m: 23:51.58	50.08 2200m: 36:27.85	49.97	2950m: 49:04.77 49.41
750m: 12:15.24 48.86	1500m: 24:41.62	50.04 2250m: 37:18.64	50.79	3000m: 49:51.22 46.45

Prueba 6, Fem., 3000m Libre, 45+

Clasificación	AN		Tiempo	
3. ONION, Sophie	76		C.N. Estepona	55:05.73 14,00
50m: 50.47	50.47	800m: 14:25.71	55.74	1550m: 28:30.50
100m: 1:42.04	51.57	850m: 15:20.84	55.13	1600m: 29:26.48
150m: 2:34.81	52.77	900m: 16:16.04	55.20	1650m: 30:22.50
200m: 3:28.42	53.61	950m: 17:11.70	55.66	1700m: 31:18.90
250m: 4:22.22	53.80	1000m: 18:06.94	55.24	1750m: 32:14.22
300m: 5:15.79	53.57	1050m: 19:02.86	55.92	1800m: 33:11.16
350m: 6:10.02	54.23	1100m: 19:58.78	55.92	1850m: 34:08.21
400m: 7:03.93	53.91	1150m: 20:54.82	56.04	1900m: 35:06.21
450m: 7:58.31	54.38	1200m: 21:51.66	56.84	1950m: 36:03.91
500m: 8:53.88	55.57	1250m: 22:48.75	57.09	2000m: 36:59.19
550m: 9:48.80	54.92	1300m: 23:45.39	56.64	2050m: 37:56.50
600m: 10:43.36	54.56	1350m: 24:42.61	57.22	2100m: 38:50.14
650m: 11:38.27	54.91	1400m: 25:39.07	56.46	2150m: 39:43.56
700m: 12:33.05	54.78	1450m: 26:36.45	57.38	2200m: 40:37.15
750m: 13:29.97	56.92	1500m: 27:34.37	57.92	2250m: 41:32.54
				2300m: 42:27.52
				2350m: 43:23.90
				2400m: 44:19.79
				2450m: 45:15.56
				2500m: 46:11.44
				2550m: 47:05.87
				2600m: 47:59.53
				2650m: 48:54.48
				2700m: 49:47.82
				2750m: 50:41.11
				2800m: 51:35.34
				2850m: 52:29.15
				2900m: 53:23.51
				2950m: 54:16.74
				3000m: 55:05.73
				48.99
4. RAMO REY-JOLY, Cristina	77		C.D. Jerez Natacion Master	1:00:34.16 13,00
50m: 55.20	55.20	800m: 16:20.12	1:01.74	1550m: 31:46.24
100m: 1:52.28	57.08	850m: 17:21.84	1:01.72	1600m: 32:47.63
150m: 2:51.77	59.49	900m: 18:22.76	1:00.92	1650m: 33:48.53
200m: 3:53.83	1:02.06	950m: 19:23.98	1:01.22	1700m: 34:48.75
250m: 4:56.49	1:02.66	1000m: 20:25.18	1:01.20	1750m: 35:49.48
300m: 5:59.38	1:02.89	1050m: 21:27.12	1:01.94	1800m: 36:50.64
350m: 7:00.47	1:01.09	1100m: 22:28.70	1:01.58	1850m: 37:51.90
400m: 8:01.72	1:01.25	1150m: 23:30.39	1:01.69	1900m: 38:52.01
450m: 9:03.12	1:01.40	1200m: 24:32.69	1:02.30	1950m: 39:53.38
500m: 10:06.74	1:03.62	1250m: 25:35.90	1:03.21	2000m: 40:54.91
550m: 11:09.46	1:02.72	1300m: 26:37.95	1:02.05	2050m: 41:55.74
600m: 12:11.59	1:02.13	1350m: 27:40.57	1:02.62	2100m: 42:58.97
650m: 13:13.95	1:02.36	1400m: 28:42.87	1:02.30	2150m: 43:59.22
700m: 14:16.67	1:02.72	1450m: 29:44.30	1:01.43	2200m: 44:57.87
750m: 15:18.38	1:01.71	1500m: 30:45.19	1:00.89	2250m: 45:57.38
				2300m: 46:57.05
				2350m: 47:56.82
				2400m: 48:55.73
				2450m: 49:54.74
				2500m: 50:54.97
				2550m: 51:53.87
				2600m: 52:53.90
				2650m: 53:52.26
				2700m: 54:50.64
				2750m: 55:49.61
				2800m: 56:48.33
				2850m: 57:46.10
				2900m: 58:44.02
				2950m: 59:40.45
				3000m: 1:00:34.16
				58.97
				1:00.03
				58.90
				59.01
				59.16
				59.27
				59.43
				59.51

Prueba 6

Fem., 3000m Libre

50+

26/03/2023 - 12:05

Resultados

Clasificación	AN		Tiempo	
1. OLMEDO ROBLED, Isabel	69		Natacion Sevilla Master, C.D.	45:52.58 19,00
50m: 44.47	44.47	800m: 12:07.83	45.41	1550m: 23:30.59
100m: 1:29.76	45.29	850m: 12:53.92	46.09	1600m: 24:16.37
150m: 2:15.32	45.56	900m: 13:39.41	45.49	1650m: 25:02.04
200m: 3:01.29	45.97	950m: 14:25.03	45.62	1700m: 25:48.25
250m: 3:47.00	45.71	1000m: 15:10.55	45.52	1750m: 26:34.43
300m: 4:32.77	45.77	1050m: 15:56.11	45.56	1800m: 27:20.61
350m: 5:18.57	45.80	1100m: 16:41.49	45.38	1850m: 28:06.85
400m: 6:04.22	45.65	1150m: 17:26.87	45.38	1900m: 28:53.03
450m: 6:49.45	45.23	1200m: 18:12.39	45.52	1950m: 29:39.20
500m: 7:34.78	45.33	1250m: 18:57.75	45.36	2000m: 30:25.34
550m: 8:20.56	45.78	1300m: 19:42.89	45.14	2050m: 31:11.65
600m: 9:05.94	45.38	1350m: 20:28.58	45.69	2100m: 31:57.99
650m: 9:51.50	45.56	1400m: 21:14.02	45.44	2150m: 32:44.61
700m: 10:36.77	45.27	1450m: 21:59.61	45.59	2200m: 33:30.93
750m: 11:22.42	45.65	1500m: 22:45.03	45.42	2250m: 34:16.99
				2300m: 35:03.44
				2350m: 35:50.03
				2400m: 36:36.70
				2450m: 37:23.64
				2500m: 38:10.12
				2550m: 38:57.14
				2600m: 39:44.06
				2650m: 40:30.94
				2700m: 41:17.76
				2750m: 42:04.61
				2800m: 42:51.24
				2850m: 43:37.96
				2900m: 44:24.00
				2950m: 45:10.18
				3000m: 45:52.58
				46.45
				46.59
				46.67
				46.94
				46.48
				47.02
				46.92
				46.88
				46.82
				46.85
				46.63
				46.72
				46.04
				46.18
				42.40

Prueba 6, Fem., 3000m Libre, 50+

Clasificación	AN		Tiempo	
2.	BELTRAN RODRIGUEZ, Sandra Pilar 72		C.N. Caballa - Ciudad De Ceuta 57:26.83 16,00	
	50m: 50.58	50.58	800m: 14:53.23	57.86
	100m: 1:43.26	52.68	850m: 15:51.24	58.01
	150m: 2:37.37	54.11	900m: 16:49.51	58.27
	200m: 3:32.72	55.35	950m: 17:47.89	58.38
	250m: 4:29.67	56.95	1000m: 18:45.84	57.95
	300m: 5:25.57	55.90	1050m: 19:44.36	58.52
	350m: 6:21.67	56.10	1100m: 20:42.14	57.78
	400m: 7:18.09	56.42	1150m: 21:39.80	57.66
	450m: 8:14.90	56.81	1200m: 22:37.54	57.74
	500m: 9:11.36	56.46	1250m: 23:35.87	58.33
	550m: 10:08.12	56.76	1300m: 24:33.90	58.03
	600m: 11:04.24	56.12	1350m: 25:32.07	58.17
	650m: 12:00.87	56.63	1400m: 26:30.70	58.63
	700m: 12:58.18	57.31	1450m: 27:29.04	58.34
	750m: 13:55.37	57.19	1500m: 28:27.47	58.43
			1550m: 29:24.87	57.40
			1600m: 30:21.95	57.08
			1650m: 31:19.10	57.15
			1700m: 32:16.36	57.26
			1750m: 33:13.14	56.78
			1800m: 34:11.03	57.89
			1850m: 35:07.96	56.93
			1900m: 36:03.74	55.78
			1950m: 36:58.83	55.09
			2000m: 37:54.01	55.18
			2050m: 38:50.53	56.52
			2100m: 39:46.13	55.60
			2150m: 40:44.02	57.89
			2200m: 41:42.34	58.32
			2250m: 42:41.35	59.01
			2300m: 43:41.14	59.79
			2350m: 44:40.42	59.28
			2400m: 45:40.40	59.98
			2450m: 46:41.50	1:01.10
			2500m: 47:42.26	1:00.76
			2550m: 48:41.60	59.34
			2600m: 49:40.91	59.31
			2650m: 50:40.63	59.72
			2700m: 51:39.97	59.34
			2750m: 52:41.16	1:01.19
			2800m: 53:40.18	59.02
			2850m: 54:38.87	58.69
			2900m: 55:37.12	58.25
			2950m: 56:35.34	58.22
			3000m: 57:26.83	51.49

Prueba 6
26/03/2023 - 12:05

Fem., 3000m Libre

60+
Resultados

Clasificación	AN		Tiempo	
1.	RIOS PADIAL, Maria Del Carmen 60		Natacion Sevilla Master, C.D. 52:46.48 19,00	
	50m: 47.81	47.81	800m: 13:43.31	52.45
	100m: 1:38.70	50.89	850m: 14:35.23	51.92
	150m: 2:29.98	51.28	900m: 15:27.61	52.38
	200m: 3:21.55	51.57	950m: 16:19.81	52.20
	250m: 4:13.32	51.77	1000m: 17:12.69	52.88
	300m: 5:05.03	51.71	1050m: 18:05.35	52.66
	350m: 5:56.48	51.45	1100m: 18:57.51	52.16
	400m: 6:48.33	51.85	1150m: 19:49.68	52.17
	450m: 7:40.11	51.78	1200m: 20:42.36	52.68
	500m: 8:32.27	52.16	1250m: 21:34.90	52.54
	550m: 9:23.73	51.46	1300m: 22:27.52	52.62
	600m: 10:15.51	51.78	1350m: 23:20.28	52.76
	650m: 11:07.27	51.76	1400m: 24:13.30	53.02
	700m: 11:58.92	51.65	1450m: 25:05.98	52.68
	750m: 12:50.86	51.94	1500m: 25:58.79	52.81
			1550m: 26:51.40	52.61
			1600m: 27:44.38	52.98
			1650m: 28:37.12	52.74
			1700m: 29:30.24	53.12
			1750m: 30:23.14	52.90
			1800m: 31:17.04	53.90
			1850m: 32:10.36	53.32
			1900m: 33:03.69	53.33
			1950m: 33:57.84	54.15
			2000m: 34:51.19	53.35
			2050m: 35:44.59	53.40
			2100m: 36:37.77	53.18
			2150m: 37:31.57	53.80
			2200m: 38:25.29	53.72
			2250m: 39:18.84	53.55
			2300m: 40:12.64	53.80
			2350m: 41:05.64	53.00
			2400m: 41:58.95	53.31
			2450m: 42:52.17	53.22
			2500m: 43:46.30	54.13
			2550m: 44:40.71	54.41
			2600m: 45:34.35	53.64
			2650m: 46:28.59	54.24
			2700m: 47:22.77	54.18
			2750m: 48:16.39	53.62
			2800m: 49:10.10	53.71
			2850m: 50:03.72	53.62
			2900m: 50:57.46	53.74
			2950m: 51:53.94	56.48
			3000m: 52:46.48	52.54