

Prueba 39  
01/12/2019

Masc., 400m Libre

Absoluto Masc.  
Resultados

Clasificación	AN								Tiempo	Pts	
1. MARIN SANCHEZ, Juan Pablo	96	C.N. Alcalá							<b>3:54.00</b>	19,00	
50m:	26.69	26.69	150m:	1:24.86	29.38	250m:	2:25.25	30.46	350m:	3:26.91	31.09
100m:	55.48	28.79	200m:	1:54.79	29.93	300m:	2:55.82	30.57	400m:	3:54.00	27.09
2. ALCANTARILLA ROMERO, Eusebio	99	C.N. Mairena Aljarafe							<b>3:57.50</b>	16,00	
50m:	27.21	27.21	150m:	1:26.16	29.59	250m:	2:26.40	30.33	350m:	3:27.48	30.71
100m:	56.57	29.36	200m:	1:56.07	29.91	300m:	2:56.77	30.37	400m:	3:57.50	30.02
3. LOPEZ CONDE, Alvaro	92	C.N. Alcalá							<b>3:58.29</b>	14,00	
50m:	27.67	27.67	150m:	1:28.84	30.82	250m:	2:30.08	30.28	350m:	3:29.43	29.80
100m:	58.02	30.35	200m:	1:59.80	30.96	300m:	2:59.63	29.55	400m:	3:58.29	28.86
4. DE OÑA RAMÍREZ, Angel	02	C.D.N. Inacua Málaga							<b>3:58.97</b>	13,00	
50m:	27.89	27.89	150m:	1:27.29	29.91	250m:	2:27.86	30.34	350m:	3:29.20	30.84
100m:	57.38	29.49	200m:	1:57.52	30.23	300m:	2:58.36	30.50	400m:	3:58.97	29.77
5. GRANADO MARTIN, Pablo	04	Navial							<b>3:59.96</b>	12,00	
50m:	27.43	27.43	150m:	1:27.29	29.92	250m:	2:27.85	30.41	350m:	3:29.44	30.77
100m:	57.37	29.94	200m:	1:57.44	30.15	300m:	2:58.67	30.82	400m:	3:59.96	30.52
6. DIAZ ROMERO, Carlos	01	C.N. Mairena Aljarafe							<b>4:02.17</b>	11,00	
50m:	27.83	27.83	150m:	1:28.82	30.66	250m:	2:30.45	30.59	350m:	3:31.91	30.70
100m:	58.16	30.33	200m:	1:59.86	31.04	300m:	3:01.21	30.76	400m:	4:02.17	30.26
7. PEREZ MAÑAS, Adrian	03	C.N. Mare Nostrum							<b>4:04.10</b>	10,00	
50m:	28.39	28.39	150m:	1:29.28	30.79	250m:	2:31.01	30.87	350m:	3:33.56	31.51
100m:	58.49	30.10	200m:	2:00.14	30.86	300m:	3:02.05	31.04	400m:	4:04.10	30.54
8. CALDERON MONTENEGRO, Roberto	02	Navial							<b>4:04.47</b>	9,00	
50m:	28.14	28.14	150m:	1:30.16	31.37	250m:	2:33.06	31.21	350m:	3:35.29	30.96
100m:	58.79	30.65	200m:	2:01.85	31.69	300m:	3:04.33	31.27	400m:	4:04.47	29.18
9. LOZANO ROMERO, Lucas	99	C.D.N. Inacua Málaga							<b>4:05.49</b>	8,00	
50m:	28.27	28.27	150m:	1:30.86	31.39	250m:	2:33.96	31.45	350m:	3:36.20	30.93
100m:	59.47	31.20	200m:	2:02.51	31.65	300m:	3:05.27	31.31	400m:	4:05.49	29.29
10. CORDERO JIMENA, Pablo	00	C.N.D. Fuengirola Swimming							<b>4:06.18</b>	7,00	
50m:	28.11	28.11	150m:	1:28.60	30.61	250m:	2:31.26	31.56	350m:	3:35.59	32.07
100m:	57.99	29.88	200m:	1:59.70	31.10	300m:	3:03.52	32.26	400m:	4:06.18	30.59
11. GARACH BENITO, Carlos	04	C.N. Churriana							<b>4:06.98</b>	6,00	
50m:	28.06	28.06	150m:	1:30.57	31.22	250m:	2:33.69	31.32	350m:	3:36.87	31.91
100m:	59.35	31.29	200m:	2:02.37	31.80	300m:	3:04.96	31.27	400m:	4:06.98	30.11
12. ALCALÁ CAÑETE, David	03	C.N.D. Fuengirola Swimming							<b>4:07.00</b>	5,00	
50m:	28.18	28.18	150m:	1:29.64	30.90	250m:	2:31.95	31.20	350m:	3:35.30	31.97
100m:	58.74	30.56	200m:	2:00.75	31.11	300m:	3:03.33	31.38	400m:	4:07.00	31.70
13. PASCUAL Y FOLGOSO, Ismael	03	C.N. Churriana							<b>4:07.42</b>	4,00	
50m:	27.87	27.87	150m:	1:28.74	30.67	250m:	2:31.89	31.78	350m:	3:36.07	32.29
100m:	58.07	30.20	200m:	2:00.11	31.37	300m:	3:03.78	31.89	400m:	4:07.42	31.35
14. BENITEZ DOMINGUEZ, Pablo	00	C.Kronos Natación Mijas							<b>4:07.50</b>	3,00	
50m:	28.27	28.27	150m:	1:29.92	31.05	250m:	2:32.89	31.69	350m:	3:36.58	31.79
100m:	58.87	30.60	200m:	2:01.20	31.28	300m:	3:04.79	31.90	400m:	4:07.50	30.92
15. RODRIGUEZ BARRANQUERO, Jorge	05	C.Kronos Natación Mijas							<b>4:18.63</b>	2,00	
50m:	28.05	28.05	150m:	1:31.12	32.18	250m:	2:37.52	33.55	350m:	3:45.64	34.11
100m:	58.94	30.89	200m:	2:03.97	32.85	300m:	3:11.53	34.01	400m:	4:18.63	32.99
16. GOMEZ EFIMENKO, Alexander	04	C.N. Mare Nostrum							<b>4:25.15</b>	1,00	
50m:	28.95	28.95	150m:	1:34.08	33.38	250m:	2:42.22	34.32	350m:	3:51.58	34.69
100m:	1:00.70	31.75	200m:	2:07.90	33.82	300m:	3:16.89	34.67	400m:	4:25.15	33.57