

COPA ANDALUCIA CLUBES 1ª DIVISION  
MIJAS, 30/11 - 1/12/2019

Prueba 25  
01/12/2019

Masc., 400m Estilos

Absoluto Masc.  
Resultados

Clasificación	AN		Tiempo	Pts
1. LOPEZ CONDE, Alvaro	92	C.N. Alcalá	<b>4:17.44</b>	19,00
50m: 28.49 28.49	150m: 1:35.16	33.78	250m: 2:42.97	35.36
100m: 1:01.38 32.89	200m: 2:07.61	32.45	300m: 3:18.19	35.22
			350m: 3:48.60	30.41
			400m: 4:17.44	28.84
2. CHACON MATEOS, Francisco Javier	99	C.N. Alcalá	<b>4:28.44</b>	16,00
50m: 28.42 28.42	150m: 1:35.16	34.64	250m: 2:46.76	38.31
100m: 1:00.52 32.10	200m: 2:08.45	33.29	300m: 3:25.73	38.97
			350m: 3:58.47	32.74
			400m: 4:28.44	29.97
3. GARCIA MARTIN, Alejandro	93	C.N. Churriana	<b>4:32.89</b>	14,00
50m: 29.22 29.22	150m: 1:37.90	36.10	250m: 2:49.77	36.02
100m: 1:01.80 32.58	200m: 2:13.75	35.85	300m: 3:27.39	37.62
			350m: 4:00.79	33.40
			400m: 4:32.89	32.10
4. CRISTINO, David Maria	01	C.N. Mairena Aljarafe	<b>4:33.43</b>	13,00
50m: 28.89 28.89	150m: 1:36.47	34.24	250m: 2:51.08	40.64
100m: 1:02.23 33.34	200m: 2:10.44	33.97	300m: 3:31.96	40.88
			350m: 4:03.47	31.51
			400m: 4:33.43	29.96
5. DE OÑA RAMÍREZ, Angel	02	C.D.N. Inacua Malaga	<b>4:34.53</b>	12,00
50m: 29.85 29.85	150m: 1:37.47	35.10	250m: 2:52.62	40.82
100m: 1:02.37 32.52	200m: 2:11.80	34.33	300m: 3:33.40	40.78
			350m: 4:05.00	31.60
			400m: 4:34.53	29.53
6. GRANADO MARTIN, Pablo	04	Navial	<b>4:34.72</b>	11,00
50m: 29.56 29.56	150m: 1:38.54	35.36	250m: 2:52.79	39.49
100m: 1:03.18 33.62	200m: 2:13.30	34.76	300m: 3:33.02	40.23
			350m: 4:04.62	31.60
			400m: 4:34.72	30.10
7. DIAZ ROMERO, Carlos	01	C.N. Mairena Aljarafe	<b>4:39.90</b>	10,00
50m: 30.01 30.01	150m: 1:41.87	37.06	250m: 2:57.03	40.39
100m: 1:04.81 34.80	200m: 2:16.64	34.77	300m: 3:37.44	40.41
			350m: 4:09.01	31.57
			400m: 4:39.90	30.89
8. DE LAS CASAS VILLALBA, Ignacio	03	Navial	<b>4:40.85</b>	9,00
50m: 29.52 29.52	150m: 1:38.06	35.37	250m: 2:54.16	40.47
100m: 1:02.69 33.17	200m: 2:13.69	35.63	300m: 3:35.54	41.38
			350m: 4:08.57	33.03
			400m: 4:40.85	32.28
9. BOCHAR SALAMO, Andres	04	C.Kronos Natación Mijas	<b>4:47.19</b>	8,00
50m: 29.89 29.89	150m: 1:41.80	37.10	250m: 2:59.34	41.39
100m: 1:04.70 34.81	200m: 2:17.95	36.15	300m: 3:41.80	42.46
			350m: 4:15.13	33.33
			400m: 4:47.19	32.06
10. ABELARDO CORREAL, Victor	04	C.Kronos Natación Mijas	<b>4:49.14</b>	7,00
50m: 29.44 29.44	150m: 1:41.12	37.46	250m: 2:59.80	42.65
100m: 1:03.66 34.22	200m: 2:17.15	36.03	300m: 3:43.11	43.31
			350m: 4:16.91	33.80
			400m: 4:49.14	32.23
11. SAIZ PEREZ, Manuel Jesus	04	C.N.D. Fuengirola Swimming	<b>4:51.16</b>	6,00
50m: 30.23 30.23	150m: 1:40.27	36.14	250m: 2:58.78	42.46
100m: 1:04.13 33.90	200m: 2:16.32	36.05	300m: 3:42.21	43.43
			350m: 4:17.24	35.03
			400m: 4:51.16	33.92
12. MARINA MIRANDA, Iñigo	02	C.D.N. Inacua Malaga	<b>4:51.50</b>	5,00
50m: 29.99 29.99	150m: 1:46.34	38.86	250m: 3:02.33	38.16
100m: 1:07.48 37.49	200m: 2:24.17	37.83	300m: 3:41.68	39.35
			350m: 4:16.89	35.21
			400m: 4:51.50	34.61
13. GOMEZ EFIMENKO, Alexander	04	C.N. Mare Nostrum	<b>4:51.91</b>	4,00
50m: 29.66 29.66	150m: 1:40.75	36.82	250m: 2:59.00	42.53
100m: 1:03.93 34.27	200m: 2:16.47	35.72	300m: 3:42.13	43.13
			350m: 4:17.78	35.65
			400m: 4:51.91	34.13
14. ARAGON PALACIOS, Guillermo	05	C.N.D. Fuengirola Swimming	<b>4:53.97</b>	3,00
50m: 30.41 30.41	150m: 1:43.51	37.89	250m: 3:02.99	40.96
100m: 1:05.62 35.21	200m: 2:22.03	38.52	300m: 3:45.53	42.54
			350m: 4:20.79	35.26
			400m: 4:53.97	33.18
15. ESPINOSA LORENZO, Raul	04	C.N. Mare Nostrum	<b>4:56.77</b>	2,00
50m: 30.00 30.00	150m: 1:42.74	37.83	250m: 3:01.53	41.36
100m: 1:04.91 34.91	200m: 2:20.17	37.43	300m: 3:44.70	43.17
			350m: 4:21.21	36.51
			400m: 4:56.77	35.56
DSQ GARACH BENITO, Jose	00	C.N. Churriana		-