

Prueba 14
30/11/2019

Masc., 1500m Libre

Absoluto Masc.
Resultados

Clasificación	AN		Tiempo		Pts	
1. DE OÑA RAMÍREZ, Angel	02	C.D.N. Inacua Malaga	15:24.59	19,00		
100m: 59.09 59.09	500m: 5:06.88 1:01.72	900m: 9:16.60 1:02.58	1300m: 13:21.60 1:01.64			
200m: 2:00.78 1:01.69	600m: 6:09.36 1:02.48	1000m: 10:18.80 1:02.20	1400m: 14:23.64 1:02.04			
300m: 3:02.48 1:01.70	700m: 7:11.57 1:02.21	1100m: 11:19.08 1:00.28	1500m: 15:24.59 1:00.95			
400m: 4:05.16 1:02.68	800m: 8:14.02 1:02.45	1200m: 12:19.96 1:00.88				
2. CHACON MATEOS, Francisco Javier	99	C.N. Alcala	15:42.02	16,00		
100m: 59.26 59.26	500m: 5:07.12 1:01.65	900m: 9:16.95 1:02.66	1300m: 13:31.94 1:04.86			
200m: 2:01.09 1:01.83	600m: 6:09.69 1:02.57	1000m: 10:19.53 1:02.58	1400m: 14:36.78 1:04.84			
300m: 3:02.93 1:01.84	700m: 7:11.83 1:02.14	1100m: 11:22.14 1:02.61	1500m: 15:42.02 1:05.24			
400m: 4:05.47 1:02.54	800m: 8:14.29 1:02.46	1200m: 12:27.08 1:04.94				
3. GRANADO MARTIN, Pablo	04	Navial	15:55.08	14,00		
100m: 1:00.20 1:00.20	500m: 5:12.68 1:02.60	900m: 9:25.42 1:04.13	1300m: 13:46.33 1:05.80			
200m: 2:03.17 1:02.97	600m: 6:15.07 1:02.39	1000m: 10:29.87 1:04.45	1400m: 14:51.70 1:05.37			
300m: 3:06.43 1:03.26	700m: 7:17.97 1:02.90	1100m: 11:34.49 1:04.62	1500m: 15:55.08 1:03.38			
400m: 4:10.08 1:03.65	800m: 8:21.29 1:03.32	1200m: 12:40.53 1:06.04				
4. PEREZ MAÑAS, Adrian	03	C.N. Mare Nostrum	15:55.62	13,00		
100m: 1:00.94 1:00.94	500m: 5:17.02 1:04.13	900m: 9:31.45 1:03.49	1300m: 13:47.45 1:04.56			
200m: 2:05.02 1:04.08	600m: 6:20.57 1:03.55	1000m: 10:35.02 1:03.57	1400m: 14:52.14 1:04.69			
300m: 3:08.90 1:03.88	700m: 7:24.37 1:03.80	1100m: 11:38.49 1:03.47	1500m: 15:55.62 1:03.48			
400m: 4:12.89 1:03.99	800m: 8:27.96 1:03.59	1200m: 12:42.89 1:04.40				
5. ALCANTARILLA ROMERO, Eusebio	99	C.N. Mairena Aljarafe	16:00.07	12,00		
100m: 1:00.24 1:00.24	500m: 5:14.84 1:04.29	900m: 9:32.16 1:05.15	1300m: 13:52.90 1:05.23			
200m: 2:03.11 1:02.87	600m: 6:18.51 1:03.67	1000m: 10:37.33 1:05.17	1400m: 14:57.98 1:05.08			
300m: 3:06.50 1:03.39	700m: 7:22.50 1:03.99	1100m: 11:42.32 1:04.99	1500m: 16:00.07 1:02.09			
400m: 4:10.55 1:04.05	800m: 8:27.01 1:04.51	1200m: 12:47.67 1:05.35				
6. GARACH BENITO, Carlos	04	C.N. Churriana	16:03.97	11,00		
100m: 1:00.39 1:00.39	500m: 5:17.29 1:04.69	900m: 9:36.64 1:05.41	1300m: 13:57.52 1:05.55			
200m: 2:03.77 1:03.38	600m: 6:21.68 1:04.39	1000m: 10:40.71 1:04.07	1400m: 15:03.00 1:05.48			
300m: 3:08.00 1:04.23	700m: 7:26.89 1:05.21	1100m: 11:46.11 1:05.40	1500m: 16:03.97 1:00.97			
400m: 4:12.60 1:04.60	800m: 8:31.23 1:04.34	1200m: 12:51.97 1:05.86				
7. CORDERO JIMENA, Pablo	00	C.N.D. Fuengirola Swimming	16:04.01	10,00		
100m: 1:00.59 1:00.59	500m: 5:18.15 1:04.95	900m: 9:36.81 1:05.23	1300m: 13:57.62 1:05.75			
200m: 2:03.87 1:03.28	600m: 6:21.56 1:03.41	1000m: 10:41.71 1:04.90	1400m: 15:03.04 1:05.42			
300m: 3:08.21 1:04.34	700m: 7:26.77 1:05.21	1100m: 11:46.62 1:04.91	1500m: 16:04.01 1:00.97			
400m: 4:13.20 1:04.99	800m: 8:31.58 1:04.81	1200m: 12:51.87 1:05.25				
8. BENITEZ DOMINGUEZ, Pablo	00	C.Kronos Natación Mijas	16:04.43	9,00		
100m: 1:00.02 1:00.02	500m: 5:14.56 1:04.74	900m: 9:37.24 1:05.85	1300m: 13:59.28 1:05.49			
200m: 2:02.36 1:02.34	600m: 6:19.55 1:04.99	1000m: 10:42.84 1:05.60	1400m: 15:04.03 1:04.75			
300m: 3:05.79 1:03.43	700m: 7:25.22 1:05.67	1100m: 11:48.16 1:05.32	1500m: 16:04.43 1:00.40			
400m: 4:09.82 1:04.03	800m: 8:31.39 1:06.17	1200m: 12:53.79 1:05.63				
9. ALCALA CAÑETE, David	03	C.N.D. Fuengirola Swimming	16:09.00	8,00		
100m: 1:00.47 1:00.47	500m: 5:22.86 1:05.55	900m: 9:43.13 1:04.42	1300m: 14:00.19 1:04.25			
200m: 2:05.73 1:05.26	600m: 6:28.70 1:05.84	1000m: 10:47.27 1:04.14	1400m: 15:04.79 1:04.60			
300m: 3:11.35 1:05.62	700m: 7:33.75 1:05.05	1100m: 11:51.87 1:04.60	1500m: 16:09.00 1:04.21			
400m: 4:17.31 1:05.96	800m: 8:38.71 1:04.96	1200m: 12:55.94 1:04.07				
10. CALDERON MONTENEGRO, Roberto	02	Navial	16:15.58	7,00		
100m: 1:00.92 1:00.92	500m: 5:22.66 1:05.41	900m: 9:45.81 1:05.99	1300m: 14:07.17 1:05.54			
200m: 2:05.55 1:04.63	600m: 6:28.76 1:06.10	1000m: 10:51.85 1:06.04	1400m: 15:12.66 1:05.49			
300m: 3:10.85 1:05.30	700m: 7:33.81 1:05.05	1100m: 11:56.50 1:04.65	1500m: 16:15.58 1:02.92			
400m: 4:17.25 1:06.40	800m: 8:39.82 1:06.01	1200m: 13:01.63 1:05.13				

Prueba 14, Masc., 1500m Libre, Absoluto Masc.

Clasificación	AN						Tiempo	Pts
11. DIAZ ROMERO, Carlos	01	C.N. Mairena Aljarafe				16:17.53	6,00	
100m: 1:00.54	1:00.54	500m: 5:22.37	1:05.48	900m: 9:43.80	1:04.89	1300m: 14:05.06	1:06.17	
200m: 2:05.27	1:04.73	600m: 6:28.18	1:05.81	1000m: 10:48.88	1:05.08	1400m: 15:11.47	1:06.41	
300m: 3:11.02	1:05.75	700m: 7:33.26	1:05.08	1100m: 11:53.56	1:04.68	1500m: 16:17.53	1:06.06	
400m: 4:16.89	1:05.87	800m: 8:38.91	1:05.65	1200m: 12:58.89	1:05.33			
12. PASCUAL Y FOLGOSO, Ismael	03	C.N. Churriana				16:23.17	5,00	
100m: 1:01.17	1:01.17	500m: 5:22.73	1:05.55	900m: 9:46.13	1:06.24	1300m: 14:11.77	1:06.37	
200m: 2:06.09	1:04.92	600m: 6:28.42	1:05.69	1000m: 10:52.54	1:06.41	1400m: 15:18.32	1:06.55	
300m: 3:11.25	1:05.16	700m: 7:34.23	1:05.81	1100m: 11:58.74	1:06.20	1500m: 16:23.17	1:04.85	
400m: 4:17.18	1:05.93	800m: 8:39.89	1:05.66	1200m: 13:05.40	1:06.66			
13. RODRIGUEZ BARRANQUERO, Jorge	05	C.Kronos Natación Mijas				16:49.11	4,00	
100m: 1:00.29	1:00.29	500m: 5:27.70	1:08.10	900m: 10:01.63	1:08.06	1300m: 14:34.79	1:07.73	
200m: 2:05.85	1:05.56	600m: 6:36.49	1:08.79	1000m: 11:10.41	1:08.78	1400m: 15:43.00	1:08.21	
300m: 3:12.22	1:06.37	700m: 7:45.43	1:08.94	1100m: 12:19.06	1:08.65	1500m: 16:49.11	1:06.11	
400m: 4:19.60	1:07.38	800m: 8:53.57	1:08.14	1200m: 13:27.06	1:08.00			
14. PEREZ MENA, Jorge	04	C.N. Alcalá				17:00.92	3,00	
100m: 1:03.20	1:03.20	500m: 5:29.47	1:06.95	900m: 10:02.37	1:09.03	1300m: 14:42.10	1:10.23	
200m: 2:09.91	1:06.71	600m: 6:36.80	1:07.33	1000m: 11:11.65	1:09.28	1400m: 15:52.52	1:10.42	
300m: 3:16.13	1:06.22	700m: 7:44.60	1:07.80	1100m: 12:21.46	1:09.81	1500m: 17:00.92	1:08.40	
400m: 4:22.52	1:06.39	800m: 8:53.34	1:08.74	1200m: 13:31.87	1:10.41			
15. GOMEZ EFIMENKO, Alexander	04	C.N. Mare Nostrum				17:38.47	2,00	
100m: 1:02.45	1:02.45	500m: 5:39.67	1:10.34	900m: 10:26.66	1:12.36	1300m: 15:16.84	1:12.80	
200m: 2:10.15	1:07.70	600m: 6:50.75	1:11.08	1000m: 11:38.87	1:12.21	1400m: 16:29.64	1:12.80	
300m: 3:19.28	1:09.13	700m: 8:02.29	1:11.54	1100m: 12:51.32	1:12.45	1500m: 17:38.47	1:08.83	
400m: 4:29.33	1:10.05	800m: 9:14.30	1:12.01	1200m: 14:04.04	1:12.72			
16. CANOVAS JUAREZ, Isaac	98	C.D.N. Inacua Malaga				17:46.70	1,00	
100m: 1:03.25	1:03.25	500m: 5:39.61	1:09.97	900m: 10:28.20	1:13.25	1300m: 15:22.99	1:13.36	
200m: 2:11.49	1:08.24	600m: 6:50.80	1:11.19	1000m: 11:42.16	1:13.96	1400m: 16:35.74	1:12.75	
300m: 3:20.31	1:08.82	700m: 8:02.68	1:11.88	1100m: 12:56.15	1:13.99	1500m: 17:46.70	1:10.96	
400m: 4:29.64	1:09.33	800m: 9:14.95	1:12.27	1200m: 14:09.63	1:13.48			