

Prueba 4  
28/11/2020 - 12:51

Fem., 3000m Libre

Senior - Junior 1 - Junior 2 Fem.  
Resultados

Clasificación	AN		Tiempo	
<b>1. NAZ GOMEZ, Gemma</b>	<b>04</b>	<b>Navial</b>	<b>37:57.63</b>	<b>19,00</b>
50m: 36.31 36.31	800m: 10:00.52	37.52	1550m: 19:26.26	38.33
100m: 1:13.75 37.44	850m: 10:37.96	37.44	1600m: 20:04.68	38.42
150m: 1:52.08 38.33	900m: 11:16.07	38.11	1650m: 20:43.09	38.41
200m: 2:29.75 37.67	950m: 11:53.24	37.17	1700m: 21:21.46	38.37
250m: 3:07.39 37.64	1000m: 12:30.90	37.66	1750m: 21:59.86	38.40
300m: 3:45.16 37.77	1050m: 13:08.05	37.15	1800m: 22:38.35	38.49
350m: 4:22.69 37.53	1100m: 13:45.74	37.69	1850m: 23:17.03	38.68
400m: 5:00.22 37.53	1150m: 14:23.75	38.01	1900m: 23:55.79	38.76
450m: 5:38.04 37.82	1200m: 15:01.74	37.99	1950m: 24:33.89	38.10
500m: 6:15.43 37.39	1250m: 15:39.52	37.78	2000m: 25:12.05	38.16
550m: 6:52.77 37.34	1300m: 16:17.21	37.69	2050m: 25:50.21	38.16
600m: 7:30.38 37.61	1350m: 16:54.27	37.06	2100m: 26:28.74	38.53
650m: 8:07.97 37.59	1400m: 17:32.21	37.94	2150m: 27:07.23	38.49
700m: 8:45.74 37.77	1450m: 18:10.12	37.91	2200m: 27:45.45	38.22
750m: 9:23.00 37.26	1500m: 18:47.93	37.81	2250m: 28:24.24	38.79
			2300m: 29:02.56	38.32
			2350m: 29:41.63	39.07
			2400m: 30:19.80	38.17
			2450m: 30:58.53	38.73
			2500m: 31:37.38	38.85
			2550m: 32:16.23	38.85
			2600m: 32:54.52	38.29
			2650m: 33:33.21	38.69
			2700m: 34:12.58	39.37
			2750m: 34:51.30	38.72
			2800m: 35:29.38	38.08
			2850m: 36:07.60	38.22
			2900m: 36:45.56	37.96
			2950m: 37:22.56	37.00
			3000m: 37:57.63	35.07
<b>2. DÍAZ LÓPEZ, Helena</b>	<b>01</b>	<b>Navial</b>	<b>38:41.80</b>	<b>16,00</b>
50m: 36.61 36.61	800m: 10:09.63	38.30	1550m: 19:46.16	37.70
100m: 1:14.35 37.74	850m: 10:47.52	37.89	1600m: 20:23.77	37.61
150m: 1:52.60 38.25	900m: 11:25.53	38.01	1650m: 21:01.91	38.14
200m: 2:30.44 37.84	950m: 12:03.88	38.35	1700m: 21:40.18	38.27
250m: 3:08.72 38.28	1000m: 12:42.44	38.56	1750m: 22:19.11	38.93
300m: 3:46.19 37.47	1050m: 13:20.40	37.96	1800m: 22:58.06	38.95
350m: 4:24.58 38.39	1100m: 13:58.51	38.11	1850m: 23:36.62	38.56
400m: 5:02.72 38.14	1150m: 14:37.27	38.76	1900m: 24:15.98	39.36
450m: 5:40.95 38.23	1200m: 15:15.69	38.42	1950m: 24:55.19	39.21
500m: 6:19.19 38.24	1250m: 15:53.68	37.99	2000m: 25:34.23	39.04
550m: 6:57.69 38.50	1300m: 16:32.57	38.89	2050m: 26:13.70	39.47
600m: 7:35.92 38.23	1350m: 17:12.10	39.53	2100m: 26:53.11	39.41
650m: 8:14.26 38.34	1400m: 17:51.71	39.61	2150m: 27:32.78	39.67
700m: 8:52.28 38.02	1450m: 18:30.78	39.07	2200m: 28:12.08	39.30
750m: 9:31.33 39.05	1500m: 19:08.46	37.68	2250m: 28:51.36	39.28
			2300m: 29:30.16	38.80
			2350m: 30:09.31	39.15
			2400m: 30:48.85	39.54
			2450m: 31:28.39	39.54
			2500m: 32:07.92	39.53
			2550m: 32:47.77	39.85
			2600m: 33:27.46	39.69
			2650m: 34:07.21	39.75
			2700m: 34:47.46	40.25
			2750m: 35:27.63	40.17
			2800m: 36:07.62	39.99
			2850m: 36:46.06	38.44
			2900m: 37:26.10	40.04
			2950m: 38:03.84	37.74
			3000m: 38:41.80	37.96
<b>3. CABRERA ROLDAN, Irene</b>	<b>95</b>	<b>C.D.N. Cordoba</b>	<b>38:59.57</b>	<b>14,00</b>
50m: 36.02 36.02	800m: 10:11.97	38.96	1550m: 19:56.17	38.61
100m: 1:12.54 36.52	850m: 10:51.15	39.18	1600m: 20:35.90	39.73
150m: 1:49.82 37.28	900m: 11:30.20	39.05	1650m: 21:14.85	38.95
200m: 2:27.81 37.99	950m: 12:08.64	38.44	1700m: 21:54.19	39.34
250m: 3:05.83 38.02	1000m: 12:47.37	38.73	1750m: 22:33.42	39.23
300m: 3:44.40 38.57	1050m: 13:25.66	38.29	1800m: 23:11.90	38.48
350m: 4:23.11 38.71	1100m: 14:04.60	38.94	1850m: 23:51.34	39.44
400m: 5:01.60 38.49	1150m: 14:44.21	39.61	1900m: 24:30.14	38.80
450m: 5:40.17 38.57	1200m: 15:23.15	38.94	1950m: 25:08.76	38.62
500m: 6:18.72 38.55	1250m: 16:02.02	38.87	2000m: 25:47.96	39.20
550m: 6:57.03 38.31	1300m: 16:40.88	38.86	2050m: 26:27.16	39.20
600m: 7:36.01 38.98	1350m: 17:20.23	39.35	2100m: 27:06.16	39.00
650m: 8:14.69 38.68	1400m: 17:59.54	39.31	2150m: 27:45.19	39.03
700m: 8:53.52 38.83	1450m: 18:38.63	39.09	2200m: 28:24.69	39.50
750m: 9:33.01 39.49	1500m: 19:17.56	38.93	2250m: 29:03.80	39.11
			2300m: 29:42.80	39.00
			2350m: 30:22.43	39.63
			2400m: 31:02.35	39.92
			2450m: 31:42.04	39.69
			2500m: 32:21.98	39.94
			2550m: 33:02.12	40.14
			2600m: 33:42.58	40.46
			2650m: 34:22.67	40.09
			2700m: 35:02.77	40.10
			2750m: 35:43.73	40.96
			2800m: 36:24.02	40.29
			2850m: 37:04.18	40.16
			2900m: 37:44.21	40.03
			2950m: 38:23.31	39.10
			3000m: 38:59.57	36.26
<b>4. TARIFA BLANCAS, Celia</b>	<b>02</b>	<b>Navial</b>	<b>39:01.56</b>	<b>13,00</b>
50m: 36.62 36.62	600m: 7:36.39	38.46	1150m: 14:42.55	38.97
100m: 1:14.33 37.71	650m: 8:14.87	38.48	1200m: 15:21.79	39.24
150m: 1:52.69 38.36	700m: 8:53.28	38.41	1250m: 16:01.01	39.22
200m: 2:30.98 38.29	750m: 9:31.91	38.63	1300m: 16:39.99	38.98
250m: 3:09.10 38.12	800m: 10:10.39	38.48	1350m: 17:19.33	39.34
300m: 3:46.95 37.85	850m: 10:48.90	38.51	1400m: 17:58.56	39.23
350m: 4:24.79 37.84	900m: 11:27.42	38.52	1450m: 18:38.04	39.48
400m: 5:03.06 38.27	950m: 12:06.11	38.69	1500m: 19:17.22	39.18
450m: 5:41.25 38.19	1000m: 12:45.12	39.01	1550m: 19:56.63	39.41
500m: 6:19.59 38.34	1050m: 13:24.33	39.21	1600m: 20:35.62	38.99
550m: 6:57.93 38.34	1100m: 14:03.58	39.25	1650m: 21:14.80	39.18
			1700m: 21:53.98	39.18
			1750m: 22:34.17	40.19
			1800m: 23:13.91	39.74
			1850m: 23:53.64	39.73
			1900m: 24:33.26	39.62
			1950m: 25:13.53	40.27
			2000m: 25:53.43	39.90
			2050m: 26:33.16	39.73
			2100m: 27:12.52	39.36
			2150m: 27:52.77	40.25
			2200m: 28:32.80	40.03

Prueba 4, Fem., 3000m Libre, Senior - Junior 1 - Junior 2 Fem.

Clasificación	AN				Tiempo			
2250m: 29:12.54	39.74	2450m: 31:51.21	39.54	2650m: 34:30.14	39.73	2850m: 37:07.39	39.30	
2300m: 29:52.01	39.47	2500m: 32:30.75	39.54	2700m: 35:09.47	39.33	2900m: 37:46.63	39.24	
2350m: 30:31.74	39.73	2550m: 33:10.71	39.96	2750m: 35:48.68	39.21	2950m: 38:24.28	37.65	
2400m: 31:11.67	39.93	2600m: 33:50.41	39.70	2800m: 36:28.09	39.41	3000m: 39:01.56	37.28	
<b>5. BALAO GARCIA, Berta</b>	<b>05</b>	<b>Navial</b>				<b>39:49.44</b>	<b>12,00</b>	
50m: 35.28	35.28	800m: 10:14.93	39.75	1550m: 20:26.12	40.47	2300m: 30:26.10	40.09	
100m: 1:12.13	36.85	850m: 10:54.97	40.04	1600m: 21:06.92	40.80	2350m: 31:06.17	40.07	
150m: 1:49.51	37.38	900m: 11:35.28	40.31	1650m: 21:47.98	41.06	2400m: 31:46.34	40.17	
200m: 2:26.98	37.47	950m: 12:16.18	40.90	1700m: 22:29.51	41.53	2450m: 32:26.78	40.44	
250m: 3:04.69	37.71	1000m: 12:56.65	40.47	1750m: 23:09.84	40.33	2500m: 33:07.08	40.30	
300m: 3:42.73	38.04	1050m: 13:36.40	39.75	1800m: 23:50.12	40.28	2550m: 33:47.38	40.30	
350m: 4:20.77	38.04	1100m: 14:16.44	40.04	1850m: 24:30.21	40.09	2600m: 34:27.89	40.51	
400m: 4:59.04	38.27	1150m: 14:57.24	40.80	1900m: 25:09.41	39.20	2650m: 35:08.79	40.90	
450m: 5:37.82	38.78	1200m: 15:38.46	41.22	1950m: 25:48.94	39.53	2700m: 35:49.03	40.24	
500m: 6:17.10	39.28	1250m: 16:19.21	40.75	2000m: 26:28.38	39.44	2750m: 36:29.49	40.46	
550m: 6:56.50	39.40	1300m: 17:00.32	41.11	2050m: 27:07.48	39.10	2800m: 37:10.61	41.12	
600m: 7:36.31	39.81	1350m: 17:41.56	41.24	2100m: 27:46.85	39.37	2850m: 37:50.29	39.68	
650m: 8:15.69	39.38	1400m: 18:22.81	41.25	2150m: 28:26.45	39.60	2900m: 38:30.44	40.15	
700m: 8:55.13	39.44	1450m: 19:04.10	41.29	2200m: 29:06.30	39.85	2950m: 39:10.38	39.94	
750m: 9:35.18	40.05	1500m: 19:45.65	41.55	2250m: 29:46.01	39.71	3000m: 39:49.44	39.06	
<b>6. GUTIERREZ RAVE, Maria Del Moral</b>	<b>03</b>	<b>C.D.N. Cordoba</b>				<b>39:58.40</b>	<b>11,00</b>	
50m: 35.84	35.84	800m: 10:21.32	39.55	1550m: 20:23.41	40.25	2300m: 30:31.13	39.82	
100m: 1:13.28	37.44	850m: 11:00.98	39.66	1600m: 21:04.31	40.90	2350m: 31:11.81	40.68	
150m: 1:51.45	38.17	900m: 11:41.17	40.19	1650m: 21:44.60	40.29	2400m: 31:53.05	41.24	
200m: 2:29.75	38.30	950m: 12:20.67	39.50	1700m: 22:25.36	40.76	2450m: 32:34.91	41.86	
250m: 3:08.31	38.56	1000m: 13:01.06	40.39	1750m: 23:06.66	41.30	2500m: 33:15.84	40.93	
300m: 3:46.97	38.66	1050m: 13:40.93	39.87	1800m: 23:47.70	41.04	2550m: 33:57.64	41.80	
350m: 4:26.04	39.07	1100m: 14:21.45	40.52	1850m: 24:27.97	40.27	2600m: 34:38.27	40.63	
400m: 5:05.08	39.04	1150m: 15:01.49	40.04	1900m: 25:08.91	40.94	2650m: 35:19.17	40.90	
450m: 5:44.63	39.55	1200m: 15:42.10	40.61	1950m: 25:49.07	40.16	2700m: 35:59.72	40.55	
500m: 6:24.16	39.53	1250m: 16:22.22	40.12	2000m: 26:29.17	40.10	2750m: 36:40.65	40.93	
550m: 7:03.65	39.49	1300m: 17:02.28	40.06	2050m: 27:09.70	40.53	2800m: 37:21.61	40.96	
600m: 7:43.09	39.44	1350m: 17:42.12	39.84	2100m: 27:50.92	41.22	2850m: 38:02.73	41.12	
650m: 8:22.68	39.59	1400m: 18:22.55	40.43	2150m: 28:31.27	40.35	2900m: 38:41.77	39.04	
700m: 9:02.13	39.45	1450m: 19:02.42	39.87	2200m: 29:11.17	39.90	2950m: 39:20.65	38.88	
750m: 9:41.77	39.64	1500m: 19:43.16	40.74	2250m: 29:51.31	40.14	3000m: 39:58.40	37.75	
<b>7. BLASCO BENAVENTE, Carmen</b>	<b>05</b>	<b>Navial</b>				<b>40:02.86</b>	<b>10,00</b>	
50m: 35.69	35.69	800m: 10:18.10	41.04	1550m: 20:17.80	41.10	2300m: 30:34.81	41.28	
100m: 1:12.93	37.24	850m: 10:57.19	39.09	1600m: 20:57.57	39.77	2350m: 31:15.61	40.80	
150m: 1:50.83	37.90	900m: 11:37.58	40.39	1650m: 21:38.38	40.81	2400m: 31:59.09	43.48	
200m: 2:28.35	37.52	950m: 12:18.02	40.44	1700m: 22:20.13	41.75	2450m: 32:40.75	41.66	
250m: 3:05.63	37.28	1000m: 12:57.69	39.67	1750m: 23:04.30	44.17	2500m: 33:23.04	42.29	
300m: 3:43.50	37.87	1050m: 13:36.64	38.95	1800m: 23:46.83	42.53	2550m: 34:06.02	42.98	
350m: 4:21.48	37.98	1100m: 14:15.98	39.34	1850m: 24:29.63	42.80	2600m: 34:47.21	41.19	
400m: 4:59.95	38.47	1150m: 14:55.89	39.91	1900m: 25:08.09	38.46	2650m: 35:26.52	39.31	
450m: 5:38.95	39.00	1200m: 15:35.81	39.92	1950m: 25:48.17	40.08	2700m: 36:08.10	41.58	
500m: 6:19.34	40.39	1250m: 16:15.95	40.14	2000m: 26:28.91	40.74	2750m: 36:47.04	38.94	
550m: 6:58.82	39.48	1300m: 16:54.82	38.87	2050m: 27:09.87	40.96	2800m: 37:27.31	40.27	
600m: 7:38.65	39.83	1350m: 17:33.05	38.23	2100m: 27:50.59	40.72	2850m: 38:06.49	39.18	
650m: 8:19.32	40.67	1400m: 18:14.89	41.84	2150m: 28:32.17	41.58	2900m: 38:45.38	38.89	
700m: 8:57.93	38.61	1450m: 18:56.10	41.21	2200m: 29:11.89	39.72	2950m: 39:24.94	39.56	
750m: 9:37.06	39.13	1500m: 19:36.70	40.60	2250m: 29:53.53	41.64	3000m: 40:02.86	37.92	

Prueba 4, Fem., 3000m Libre, Senior - Junior 1 - Junior 2 Fem.

Clasificación	AN		Tiempo	
<b>8. GARRIDO REY, Natalia</b>	<b>05</b>	<b>Navial</b>	<b>40:30.94</b>	<b>9,00</b>
50m: 36.50	36.50	800m: 10:30.67	41.01	1550m: 20:38.12
100m: 1:14.50	38.00	850m: 11:11.48	40.81	1600m: 21:18.76
150m: 1:53.39	38.89	900m: 11:52.53	41.05	1650m: 21:59.34
200m: 2:32.20	38.81	950m: 12:33.38	40.85	1700m: 22:40.62
250m: 3:11.01	38.81	1000m: 13:13.20	39.82	1750m: 23:21.63
300m: 3:49.94	38.93	1050m: 13:53.10	39.90	1800m: 24:02.37
350m: 4:28.79	38.85	1100m: 14:32.89	39.79	1850m: 24:43.90
400m: 5:08.05	39.26	1150m: 15:13.47	40.58	1900m: 25:25.35
450m: 5:47.78	39.73	1200m: 15:53.64	40.17	1950m: 26:06.90
500m: 6:27.76	39.98	1250m: 16:34.40	40.76	2000m: 26:48.61
550m: 7:08.04	40.28	1300m: 17:15.22	40.82	2050m: 27:29.61
600m: 7:48.41	40.37	1350m: 17:55.84	40.62	2100m: 28:11.11
650m: 8:29.01	40.60	1400m: 18:36.48	40.64	2150m: 28:52.43
700m: 9:09.34	40.33	1450m: 19:17.09	40.61	2200m: 29:33.89
750m: 9:49.66	40.32	1500m: 19:57.56	40.47	2250m: 30:15.51
				2300m: 30:56.66
				2350m: 31:38.45
				2400m: 32:20.53
				2450m: 33:01.84
				2500m: 33:43.62
				2550m: 34:25.39
				2600m: 35:07.56
				2650m: 35:49.24
				2700m: 36:30.16
				2750m: 37:11.56
				2800m: 37:52.26
				2850m: 38:32.68
				2900m: 39:13.03
				2950m: 39:52.99
				3000m: 40:30.94
<b>9. RODRIGUEZ PRESA, Andrea</b>	<b>05</b>	<b>Navial</b>	<b>40:31.53</b>	<b>8,00</b>
50m: 36.57	36.57	800m: 10:30.87	40.98	1550m: 20:37.33
100m: 1:14.71	38.14	850m: 11:11.69	40.82	1600m: 21:18.17
150m: 1:53.29	38.58	900m: 11:52.50	40.81	1650m: 21:59.05
200m: 2:31.98	38.69	950m: 12:33.10	40.60	1700m: 22:40.43
250m: 3:10.63	38.65	1000m: 13:12.62	39.52	1750m: 23:21.19
300m: 3:49.62	38.99	1050m: 13:52.44	39.82	1800m: 24:02.30
350m: 4:28.28	38.66	1100m: 14:32.43	39.99	1850m: 24:43.66
400m: 5:07.92	39.64	1150m: 15:13.13	40.70	1900m: 25:25.12
450m: 5:47.74	39.82	1200m: 15:53.09	39.96	1950m: 26:06.85
500m: 6:27.72	39.98	1250m: 16:34.39	41.30	2000m: 26:48.37
550m: 7:08.09	40.37	1300m: 17:14.65	40.26	2050m: 27:29.17
600m: 7:48.57	40.48	1350m: 17:55.16	40.51	2100m: 28:11.07
650m: 8:29.00	40.43	1400m: 18:35.84	40.68	2150m: 28:51.85
700m: 9:09.29	40.29	1450m: 19:16.42	40.58	2200m: 29:33.79
750m: 9:49.89	40.60	1500m: 19:56.97	40.55	2250m: 30:15.36
				2300m: 30:56.57
				2350m: 31:38.07
				2400m: 32:19.99
				2450m: 33:01.30
				2500m: 33:43.06
				2550m: 34:25.25
				2600m: 35:07.22
				2650m: 35:48.17
				2700m: 36:29.21
				2750m: 37:10.95
				2800m: 37:52.62
				2850m: 38:33.42
				2900m: 39:14.11
				2950m: 39:54.41
				3000m: 40:31.53
<b>10. PEREZ BARTIVAS, Carmen</b>	<b>04</b>	<b>C.D.N. Cordoba</b>	<b>43:04.72</b>	<b>7,00</b>
50m: 37.60	37.60	800m: 11:06.03	42.61	1550m: 21:55.53
100m: 1:16.85	39.25	850m: 11:48.85	42.82	1600m: 22:39.39
150m: 1:57.52	40.67	900m: 12:31.08	42.23	1650m: 23:22.94
200m: 2:38.31	40.79	950m: 13:13.95	42.87	1700m: 24:06.23
250m: 3:19.83	41.52	1000m: 13:57.34	43.39	1750m: 24:49.47
300m: 4:00.97	41.14	1050m: 14:40.50	43.16	1800m: 25:32.69
350m: 4:42.77	41.80	1100m: 15:23.68	43.18	1850m: 26:15.77
400m: 5:24.71	41.94	1150m: 16:07.30	43.62	1900m: 26:59.59
450m: 6:07.45	42.74	1200m: 16:50.60	43.30	1950m: 27:43.50
500m: 6:49.45	42.00	1250m: 17:33.75	43.15	2000m: 28:27.71
550m: 7:32.15	42.70	1300m: 18:17.78	44.03	2050m: 29:11.82
600m: 8:15.13	42.98	1350m: 19:01.01	43.23	2100m: 29:56.14
650m: 8:57.68	42.55	1400m: 19:44.11	43.10	2150m: 30:39.68
700m: 9:40.75	43.07	1450m: 20:28.25	44.14	2200m: 31:23.30
750m: 10:23.42	42.67	1500m: 21:11.89	43.64	2250m: 32:06.77
				2300m: 32:51.33
				2350m: 33:36.57
				2400m: 34:20.61
				2450m: 35:05.63
				2500m: 35:50.39
				2550m: 36:36.35
				2600m: 37:21.09
				2650m: 38:06.35
				2700m: 38:49.32
				2750m: 39:32.59
				2800m: 40:17.12
				2850m: 40:59.64
				2900m: 41:41.69
				2950m: 42:23.32
				3000m: 43:04.72