

Prueba 3
28/11/2020 - 11:35

Masc., 3000m Libre

Senior - Junior 1 - Junior 2 Mas.
Resultados

Clasificación	AN		Tiempo	
1. ARAGON PALACIOS, Guillermo	05	C.D.N. Cordoba	33:20.52	19,00
50m: 31.10	31.10	800m: 8:44.23	32.86	1550m: 17:00.98
100m: 1:02.77	31.67	850m: 9:16.67	32.44	1600m: 17:34.88
150m: 1:34.63	31.86	900m: 9:49.06	32.39	1650m: 18:08.77
200m: 2:07.04	32.41	950m: 10:21.64	32.58	1700m: 18:43.10
250m: 2:39.84	32.80	1000m: 10:54.52	32.88	1750m: 19:17.40
300m: 3:12.17	32.33	1050m: 11:27.25	32.73	1800m: 19:51.03
350m: 3:44.84	32.67	1100m: 11:59.58	32.33	1850m: 20:25.17
400m: 4:18.26	33.42	1150m: 12:32.36	32.78	1900m: 20:59.35
450m: 4:51.64	33.38	1200m: 13:05.70	33.34	1950m: 21:33.11
500m: 5:25.05	33.41	1250m: 13:39.05	33.35	2000m: 22:06.30
550m: 5:58.34	33.29	1300m: 14:12.63	33.58	2050m: 22:40.13
600m: 6:31.87	33.53	1350m: 14:46.01	33.38	2100m: 23:14.22
650m: 7:05.03	33.16	1400m: 15:19.87	33.86	2150m: 23:48.06
700m: 7:38.25	33.22	1450m: 15:53.49	33.62	2200m: 24:21.80
750m: 8:11.37	33.12	1500m: 16:27.11	33.62	2250m: 24:55.82
				2300m: 25:29.80
				2350m: 26:03.77
				2400m: 26:37.48
				2450m: 27:11.24
				2500m: 27:44.83
				2550m: 28:18.42
				2600m: 28:51.71
				2650m: 29:25.89
				2700m: 29:59.48
				2750m: 30:33.81
				2800m: 31:07.63
				2850m: 31:41.32
				2900m: 32:15.74
				2950m: 32:49.13
				3000m: 33:20.52
2. GRANADO MARTIN, Pablo	04	Navial	33:25.71	16,00
50m: 30.34	30.34	800m: 8:38.16	33.28	1550m: 17:00.97
100m: 1:01.35	31.01	850m: 9:11.46	33.30	1600m: 17:34.73
150m: 1:32.92	31.57	900m: 9:44.95	33.49	1650m: 18:08.72
200m: 2:04.56	31.64	950m: 10:18.26	33.31	1700m: 18:43.23
250m: 2:36.55	31.99	1000m: 10:51.79	33.53	1750m: 19:17.12
300m: 3:08.72	32.17	1050m: 11:24.96	33.17	1800m: 19:51.21
350m: 3:41.04	32.32	1100m: 11:58.17	33.21	1850m: 20:25.24
400m: 4:13.71	32.67	1150m: 12:31.64	33.47	1900m: 20:59.27
450m: 4:46.57	32.86	1200m: 13:05.12	33.48	1950m: 21:32.75
500m: 5:19.42	32.85	1250m: 13:38.63	33.51	2000m: 22:06.11
550m: 5:52.26	32.84	1300m: 14:12.30	33.67	2050m: 22:40.02
600m: 6:25.43	33.17	1350m: 14:45.81	33.51	2100m: 23:14.07
650m: 6:58.63	33.20	1400m: 15:19.68	33.87	2150m: 23:47.97
700m: 7:31.68	33.05	1450m: 15:53.15	33.47	2200m: 24:21.80
750m: 8:04.88	33.20	1500m: 16:27.01	33.86	2250m: 24:56.06
				2300m: 25:30.34
				2350m: 26:04.28
				2400m: 26:38.41
				2450m: 27:12.50
				2500m: 27:46.59
				2550m: 28:20.47
				2600m: 28:54.41
				2650m: 29:28.44
				2700m: 30:02.07
				2750m: 30:36.12
				2800m: 31:10.38
				2850m: 31:44.42
				2900m: 32:18.58
				2950m: 32:52.50
				3000m: 33:25.71
3. CALDERON MONTENEGRO, Roberto	02	Navial	33:41.93	14,00
50m: 30.49	30.49	800m: 8:48.92	33.64	1550m: 17:15.76
100m: 1:01.90	31.41	850m: 9:22.58	33.66	1600m: 17:49.45
150m: 1:34.22	32.32	900m: 9:56.46	33.88	1650m: 18:23.38
200m: 2:07.22	33.00	950m: 10:30.42	33.96	1700m: 18:57.13
250m: 2:40.63	33.41	1000m: 11:04.39	33.97	1750m: 19:31.14
300m: 3:14.23	33.60	1050m: 11:38.30	33.91	1800m: 20:04.79
350m: 3:47.94	33.71	1100m: 12:12.37	34.07	1850m: 20:38.47
400m: 4:21.45	33.51	1150m: 12:46.29	33.92	1900m: 21:11.87
450m: 4:54.82	33.37	1200m: 13:20.13	33.84	1950m: 21:45.42
500m: 5:28.25	33.43	1250m: 13:54.05	33.92	2000m: 22:18.85
550m: 6:01.36	33.11	1300m: 14:27.68	33.63	2050m: 22:52.36
600m: 6:34.64	33.28	1350m: 15:01.50	33.82	2100m: 23:26.38
650m: 7:08.09	33.45	1400m: 15:35.27	33.77	2150m: 24:00.09
700m: 7:41.68	33.59	1450m: 16:08.77	33.50	2200m: 24:34.04
750m: 8:15.28	33.60	1500m: 16:42.18	33.41	2250m: 25:08.15
				2300m: 25:42.30
				2350m: 26:16.50
				2400m: 26:50.81
				2450m: 27:25.44
				2500m: 27:59.89
				2550m: 28:34.64
				2600m: 29:08.97
				2650m: 29:43.64
				2700m: 30:18.06
				2750m: 30:52.56
				2800m: 31:26.95
				2850m: 32:01.53
				2900m: 32:35.89
				2950m: 33:09.54
				3000m: 33:41.93
4. DE LAS CASAS VILLALBA, Ignacio	03	Navial	34:30.83	13,00
50m: 30.20	30.20	600m: 6:36.94	34.39	1150m: 12:57.33
100m: 1:01.67	31.47	650m: 7:11.48	34.54	1200m: 13:32.03
150m: 1:33.83	32.16	700m: 7:46.00	34.52	1250m: 14:06.33
200m: 2:06.54	32.71	750m: 8:20.77	34.77	1300m: 14:41.35
250m: 2:39.49	32.95	800m: 8:55.21	34.44	1350m: 15:15.58
300m: 3:12.74	33.25	850m: 9:29.61	34.40	1400m: 15:50.17
350m: 3:46.48	33.74	900m: 10:04.28	34.67	1450m: 16:24.39
400m: 4:20.08	33.60	950m: 10:38.67	34.39	1500m: 16:58.91
450m: 4:54.01	33.93	1000m: 11:13.07	34.40	1550m: 17:33.84
500m: 5:28.27	34.26	1050m: 11:47.65	34.58	1600m: 18:08.67
550m: 6:02.55	34.28	1100m: 12:22.63	34.98	1650m: 18:43.54
				1700m: 19:18.71
				1750m: 19:53.66
				1800m: 20:28.78
				1850m: 21:03.87
				1900m: 21:39.02
				1950m: 22:14.10
				2000m: 22:49.49
				2050m: 23:24.60
				2100m: 23:59.65
				2150m: 24:34.95
				2200m: 25:10.13

Prueba 3, Masc., 3000m Libre, Senior - Junior 1 - Junior 2 Mas.

Clasificación	AN				Tiempo						
2250m:	25:45.04	34.91	2450m:	28:04.17	35.04	2650m:	30:25.21	36.09	2850m:	32:48.10	35.85
2300m:	26:20.05	35.01	2500m:	28:39.46	35.29	2700m:	31:00.91	35.70	2900m:	33:22.00	33.90
2350m:	26:54.49	34.44	2550m:	29:14.22	34.76	2750m:	31:36.40	35.49	2950m:	33:56.67	34.67
2400m:	27:29.13	34.64	2600m:	29:49.12	34.90	2800m:	32:12.25	35.85	3000m:	34:30.83	34.16
5. GIRON REBOLLAR, Abel			05 Navial						34:51.28	12,00	
50m:	31.61	31.61	800m:	8:44.63	33.09	1550m:	17:19.42	34.99	2300m:	26:20.37	36.10
100m:	1:03.12	31.51	850m:	9:17.39	32.76	1600m:	17:54.88	35.46	2350m:	26:56.22	35.85
150m:	1:34.87	31.75	900m:	9:50.10	32.71	1650m:	18:30.72	35.84	2400m:	27:33.03	36.81
200m:	2:07.07	32.20	950m:	10:22.99	32.89	1700m:	19:06.78	36.06	2450m:	28:09.85	36.82
250m:	2:40.12	33.05	1000m:	10:56.56	33.57	1750m:	19:43.00	36.22	2500m:	28:46.77	36.92
300m:	3:12.72	32.60	1050m:	11:30.75	34.19	1800m:	20:18.95	35.95	2550m:	29:23.60	36.83
350m:	3:45.31	32.59	1100m:	12:05.06	34.31	1850m:	20:54.85	35.90	2600m:	30:00.71	37.11
400m:	4:18.16	32.85	1150m:	12:39.59	34.53	1900m:	21:31.12	36.27	2650m:	30:37.69	36.98
450m:	4:51.62	33.46	1200m:	13:14.26	34.67	1950m:	22:07.22	36.10	2700m:	31:14.53	36.84
500m:	5:25.07	33.45	1250m:	13:49.01	34.75	2000m:	22:41.80	34.58	2750m:	31:51.53	37.00
550m:	5:58.39	33.32	1300m:	14:23.85	34.84	2050m:	23:17.61	35.81	2800m:	32:28.21	36.68
600m:	6:31.81	33.42	1350m:	14:59.15	35.30	2100m:	23:54.13	36.52	2850m:	33:05.07	36.86
650m:	7:05.28	33.47	1400m:	15:34.14	34.99	2150m:	24:31.08	36.95	2900m:	33:41.10	36.03
700m:	7:38.34	33.06	1450m:	16:09.46	35.32	2200m:	25:07.74	36.66	2950m:	34:17.05	35.95
750m:	8:11.54	33.20	1500m:	16:44.43	34.97	2250m:	25:44.27	36.53	3000m:	34:51.28	34.23
6. SAIZ PEREZ, Manuel Jesus			04 C.D.N. Cordoba						34:58.43	11,00	
50m:	31.99	31.99	800m:	8:59.01	33.99	1550m:	17:40.75	35.25	2300m:	26:36.32	36.01
100m:	1:05.09	33.10	850m:	9:33.34	34.33	1600m:	18:16.03	35.28	2350m:	27:11.90	35.58
150m:	1:38.25	33.16	900m:	10:07.60	34.26	1650m:	18:51.48	35.45	2400m:	27:48.01	36.11
200m:	2:11.86	33.61	950m:	10:42.12	34.52	1700m:	19:26.98	35.50	2450m:	28:23.69	35.68
250m:	2:45.85	33.99	1000m:	11:16.53	34.41	1750m:	20:02.60	35.62	2500m:	28:59.52	35.83
300m:	3:19.61	33.76	1050m:	11:50.99	34.46	1800m:	20:38.52	35.92	2550m:	29:35.88	36.36
350m:	3:53.64	34.03	1100m:	12:25.50	34.51	1850m:	21:13.76	35.24	2600m:	30:12.04	36.16
400m:	4:27.40	33.76	1150m:	13:00.31	34.81	1900m:	21:49.30	35.54	2650m:	30:48.35	36.31
450m:	5:01.23	33.83	1200m:	13:35.22	34.91	1950m:	22:24.88	35.58	2700m:	31:24.55	36.20
500m:	5:34.93	33.70	1250m:	14:09.81	34.59	2000m:	23:00.59	35.71	2750m:	32:00.96	36.41
550m:	6:09.05	34.12	1300m:	14:44.66	34.85	2050m:	23:36.51	35.92	2800m:	32:37.24	36.28
600m:	6:43.04	33.99	1350m:	15:19.60	34.94	2100m:	24:12.04	35.53	2850m:	33:12.95	35.71
650m:	7:16.86	33.82	1400m:	15:54.98	35.38	2150m:	24:48.25	36.21	2900m:	33:48.42	35.47
700m:	7:50.90	34.04	1450m:	16:30.29	35.31	2200m:	25:24.31	36.06	2950m:	34:23.86	35.44
750m:	8:25.02	34.12	1500m:	17:05.50	35.21	2250m:	26:00.31	36.00	3000m:	34:58.43	34.57
7. RECHE BERMUDEZ, Miguel Angel			05 C.D.N. Cordoba						35:08.72	10,00	
50m:	31.88	31.88	800m:	9:08.81	34.98	1550m:	17:58.79	35.35	2300m:	26:54.29	36.09
100m:	1:04.30	32.42	850m:	9:43.97	35.16	1600m:	18:34.35	35.56	2350m:	27:29.95	35.66
150m:	1:37.93	33.63	900m:	10:19.49	35.52	1650m:	19:09.93	35.58	2400m:	28:05.32	35.37
200m:	2:12.21	34.28	950m:	10:54.56	35.07	1700m:	19:46.06	36.13	2450m:	28:40.91	35.59
250m:	2:46.61	34.40	1000m:	11:30.05	35.49	1750m:	20:21.72	35.66	2500m:	29:16.84	35.93
300m:	3:20.72	34.11	1050m:	12:05.25	35.20	1800m:	20:57.61	35.89	2550m:	29:52.48	35.64
350m:	3:55.55	34.83	1100m:	12:40.57	35.32	1850m:	21:34.05	36.44	2600m:	30:28.05	35.57
400m:	4:30.05	34.50	1150m:	13:15.89	35.32	1900m:	22:09.26	35.21	2650m:	31:03.48	35.43
450m:	5:04.70	34.65	1200m:	13:51.67	35.78	1950m:	22:45.05	35.79	2700m:	31:39.14	35.66
500m:	5:39.39	34.69	1250m:	14:26.82	35.15	2000m:	23:20.81	35.76	2750m:	32:13.89	34.75
550m:	6:14.06	34.67	1300m:	15:02.11	35.29	2050m:	23:55.87	35.06	2800m:	32:49.29	35.40
600m:	6:48.83	34.77	1350m:	15:37.10	34.99	2100m:	24:31.78	35.91	2850m:	33:24.02	34.73
650m:	7:24.18	35.35	1400m:	16:12.71	35.61	2150m:	25:07.42	35.64	2900m:	34:00.44	36.42
700m:	7:59.16	34.98	1450m:	16:47.89	35.18	2200m:	25:42.63	35.21	2950m:	34:35.90	35.46
750m:	8:33.83	34.67	1500m:	17:23.44	35.55	2250m:	26:18.20	35.57	3000m:	35:08.72	32.82

Prueba 3, Masc., 3000m Libre, Senior - Junior 1 - Junior 2 Mas.

Clasificación	AN		Tiempo	
8. CABRERA ROLDAN, Rafael	00	C.D.N. Cordoba	35:27.47	9,00
50m: 32.94	32.94	800m: 9:09.86	34.76	1550m: 18:00.41
100m: 1:06.58	33.64	850m: 9:44.83	34.97	1600m: 18:36.14
150m: 1:40.55	33.97	900m: 10:19.73	34.90	1650m: 19:11.69
200m: 2:14.77	34.22	950m: 10:54.89	35.16	1700m: 19:47.34
250m: 2:49.11	34.34	1000m: 11:30.28	35.39	1750m: 20:23.11
300m: 3:23.44	34.33	1050m: 12:05.60	35.32	1800m: 20:59.14
350m: 3:57.84	34.40	1100m: 12:40.86	35.26	1850m: 21:35.17
400m: 4:32.20	34.36	1150m: 13:16.34	35.48	1900m: 22:10.86
450m: 5:06.82	34.62	1200m: 13:51.61	35.27	1950m: 22:46.86
500m: 5:41.23	34.41	1250m: 14:26.88	35.27	2000m: 23:22.84
550m: 6:15.66	34.43	1300m: 15:01.95	35.07	2050m: 23:58.63
600m: 6:50.32	34.66	1350m: 15:37.57	35.62	2100m: 24:34.65
650m: 7:25.01	34.69	1400m: 16:13.17	35.60	2150m: 25:11.06
700m: 7:59.92	34.91	1450m: 16:48.93	35.76	2200m: 25:47.20
750m: 8:35.10	35.18	1500m: 17:24.78	35.85	2250m: 26:23.28
				2300m: 26:59.65
				2350m: 27:36.20
				2400m: 28:12.71
				2450m: 28:49.00
				2500m: 29:25.47
				2550m: 30:01.77
				2600m: 30:37.92
				2650m: 31:14.32
				2700m: 31:50.42
				2750m: 32:27.24
				2800m: 33:03.68
				2850m: 33:40.29
				2900m: 34:16.94
				2950m: 34:52.83
				3000m: 35:27.47
9. LLAMAZARES MUÑOZ, Pablo	04	Navial	35:47.61	8,00
50m: 32.49	32.49	800m: 9:14.73	35.21	1550m: 18:10.83
100m: 1:05.84	33.35	850m: 9:50.12	35.39	1600m: 18:46.96
150m: 1:39.86	34.02	900m: 10:25.62	35.50	1650m: 19:22.71
200m: 2:13.82	33.96	950m: 11:01.23	35.61	1700m: 19:58.74
250m: 2:48.09	34.27	1000m: 11:37.05	35.82	1750m: 20:35.19
300m: 3:22.47	34.38	1050m: 12:12.64	35.59	1800m: 21:11.88
350m: 3:57.18	34.71	1100m: 12:48.54	35.90	1850m: 21:48.07
400m: 4:31.99	34.81	1150m: 13:24.31	35.77	1900m: 22:24.39
450m: 5:07.20	35.21	1200m: 13:59.78	35.47	1950m: 23:00.87
500m: 5:42.48	35.28	1250m: 14:35.51	35.73	2000m: 23:36.57
550m: 6:17.74	35.26	1300m: 15:11.28	35.77	2050m: 24:12.26
600m: 6:53.18	35.44	1350m: 15:47.27	35.99	2100m: 24:48.11
650m: 7:28.50	35.32	1400m: 16:23.25	35.98	2150m: 25:24.29
700m: 8:03.93	35.43	1450m: 16:59.11	35.86	2200m: 26:00.52
750m: 8:39.52	35.59	1500m: 17:34.85	35.74	2250m: 26:36.70
				2300m: 27:13.15
				2350m: 27:49.78
				2400m: 28:27.25
				2450m: 29:04.51
				2500m: 29:41.99
				2550m: 30:18.88
				2600m: 30:56.80
				2650m: 31:34.91
				2700m: 32:12.52
				2750m: 32:49.42
				2800m: 33:26.05
				2850m: 34:02.55
				2900m: 34:38.69
				2950m: 35:14.05
				3000m: 35:47.61
10. CAMARGO REINA, Pablo	05	C.D.N. Cordoba	36:20.31	7,00
50m: 33.20	33.20	800m: 9:21.22	35.54	1550m: 18:23.35
100m: 1:07.54	34.34	850m: 9:56.70	35.48	1600m: 18:59.48
150m: 1:42.04	34.50	900m: 10:32.21	35.51	1650m: 19:35.58
200m: 2:17.00	34.96	950m: 11:07.84	35.63	1700m: 20:11.93
250m: 2:52.03	35.03	1000m: 11:43.67	35.83	1750m: 20:48.23
300m: 3:26.92	34.89	1050m: 12:19.23	35.56	1800m: 21:24.85
350m: 4:02.62	35.70	1100m: 12:54.81	35.58	1850m: 22:00.93
400m: 4:37.57	34.95	1150m: 13:31.02	36.21	1900m: 22:37.58
450m: 5:13.23	35.66	1200m: 14:07.16	36.14	1950m: 23:14.17
500m: 5:48.54	35.31	1250m: 14:43.69	36.53	2000m: 23:50.63
550m: 6:23.35	34.81	1300m: 15:20.37	36.68	2050m: 24:26.79
600m: 6:58.80	35.45	1350m: 15:56.61	36.24	2100m: 25:03.67
650m: 7:34.46	35.66	1400m: 16:33.02	36.41	2150m: 25:40.63
700m: 8:09.85	35.39	1450m: 17:10.06	37.04	2200m: 26:17.34
750m: 8:45.68	35.83	1500m: 17:47.43	37.37	2250m: 26:54.02
				2300m: 27:30.55
				2350m: 28:06.93
				2400m: 28:43.83
				2450m: 29:21.27
				2500m: 29:58.44
				2550m: 30:35.91
				2600m: 31:13.88
				2650m: 31:52.17
				2700m: 32:30.62
				2750m: 33:09.24
				2800m: 33:48.06
				2850m: 34:27.03
				2900m: 35:05.77
				2950m: 35:43.95
				3000m: 36:20.31
11. GONZALEZ JIMENEZ, Cristian	05	C.D.N. Cordoba	36:31.84	6,00
50m: 34.37	34.37	750m: 8:53.21	36.25	1450m: 17:24.69
100m: 1:09.22	34.85	800m: 9:29.93	36.72	1500m: 18:02.32
150m: 1:44.21	34.99	850m: 10:06.82	36.89	1550m: 18:39.08
200m: 2:19.28	35.07	900m: 10:43.41	36.59	1600m: 19:16.47
250m: 2:54.43	35.15	950m: 11:19.54	36.13	1650m: 19:53.34
300m: 3:29.66	35.23	1000m: 11:55.31	35.77	1700m: 20:30.72
350m: 4:05.19	35.53	1050m: 12:31.41	36.10	1750m: 21:07.09
400m: 4:40.75	35.56	1100m: 13:07.75	36.34	1800m: 21:43.85
450m: 5:16.19	35.44	1150m: 13:44.17	36.42	1850m: 22:21.16
500m: 5:52.03	35.84	1200m: 14:20.50	36.33	1900m: 22:57.58
550m: 6:27.81	35.78	1250m: 14:56.87	36.37	1950m: 23:34.09
600m: 7:04.15	36.34	1300m: 15:33.66	36.79	2000m: 24:11.36
650m: 7:40.73	36.58	1350m: 16:10.92	37.26	2050m: 24:47.76
700m: 8:16.96	36.23	1400m: 16:47.72	36.80	2100m: 25:24.52
				2150m: 26:01.42
				2200m: 26:38.19
				2250m: 27:15.10
				2300m: 27:52.50
				2350m: 28:29.28
				2400m: 29:05.79
				2450m: 29:42.86
				2500m: 30:19.98
				2550m: 30:57.51
				2600m: 31:34.92
				2650m: 32:13.12
				2700m: 32:51.33
				2750m: 33:29.87
				2800m: 34:07.88

Prueba 3, Masc., 3000m Libre, Senior - Junior 1 - Junior 2 Mas.

Clasificación	AN				Tiempo						
	2850m: 34:45.81	37.93	2900m: 35:22.67	36.86	2950m: 35:59.04	36.37	3000m: 36:31.84	32.80			
12. FLORES PORCUNA, Antonio	95 C.D.N. Cordoba				36:39.82 5,00						
50m:	34.28	34.28	800m:	9:30.22	36.95	1550m:	18:38.97	36.84	2300m:	28:01.59	37.56
100m:	1:08.82	34.54	850m:	10:06.81	36.59	1600m:	19:15.93	36.96	2350m:	28:39.39	37.80
150m:	1:43.99	35.17	900m:	10:44.07	37.26	1650m:	19:53.76	37.83	2400m:	29:16.69	37.30
200m:	2:19.22	35.23	950m:	11:20.60	36.53	1700m:	20:31.24	37.48	2450m:	29:53.03	36.34
250m:	2:54.24	35.02	1000m:	11:57.06	36.46	1750m:	21:08.11	36.87	2500m:	30:30.11	37.08
300m:	3:29.45	35.21	1050m:	12:33.67	36.61	1800m:	21:44.92	36.81	2550m:	31:08.16	38.05
350m:	4:04.77	35.32	1100m:	13:10.57	36.90	1850m:	22:22.30	37.38	2600m:	31:46.21	38.05
400m:	4:40.40	35.63	1150m:	13:47.36	36.79	1900m:	22:59.66	37.36	2650m:	32:24.76	38.55
450m:	5:16.12	35.72	1200m:	14:24.12	36.76	1950m:	23:37.31	37.65	2700m:	33:02.95	38.19
500m:	5:51.98	35.86	1250m:	15:01.12	37.00	2000m:	24:15.47	38.16	2750m:	33:40.57	37.62
550m:	6:27.91	35.93	1300m:	15:37.92	36.80	2050m:	24:53.62	38.15	2800m:	34:17.21	36.64
600m:	7:04.31	36.40	1350m:	16:13.70	35.78	2100m:	25:31.40	37.78	2850m:	34:54.06	36.85
650m:	7:40.72	36.41	1400m:	16:49.78	36.08	2150m:	26:09.38	37.98	2900m:	35:30.04	35.98
700m:	8:16.90	36.18	1450m:	17:25.69	35.91	2200m:	26:47.23	37.85	2950m:	36:06.04	36.00
750m:	8:53.27	36.37	1500m:	18:02.13	36.44	2250m:	27:24.03	36.80	3000m:	36:39.82	33.78
13. GARCIA SIBAJA, Felix	04 Navial				36:41.03 4,00						
50m:	32.35	32.35	800m:	9:15.75	36.44	1550m:	18:25.28	37.11	2300m:	27:50.28	37.77
100m:	1:05.32	32.97	850m:	9:52.06	36.31	1600m:	19:02.01	36.73	2350m:	28:28.68	38.40
150m:	1:38.54	33.22	900m:	10:28.58	36.52	1650m:	19:39.16	37.15	2400m:	29:06.96	38.28
200m:	2:12.39	33.85	950m:	11:04.72	36.14	1700m:	20:16.42	37.26	2450m:	29:45.24	38.28
250m:	2:46.25	33.86	1000m:	11:41.09	36.37	1750m:	20:53.55	37.13	2500m:	30:23.47	38.23
300m:	3:20.29	34.04	1050m:	12:17.72	36.63	1800m:	21:30.61	37.06	2550m:	31:02.05	38.58
350m:	3:54.77	34.48	1100m:	12:54.27	36.55	1850m:	22:08.42	37.81	2600m:	31:40.68	38.63
400m:	4:29.44	34.67	1150m:	13:30.92	36.65	1900m:	22:45.90	37.48	2650m:	32:19.43	38.75
450m:	5:04.62	35.18	1200m:	14:07.58	36.66	1950m:	23:23.59	37.69	2700m:	32:57.62	38.19
500m:	5:39.94	35.32	1250m:	14:44.73	37.15	2000m:	24:01.24	37.65	2750m:	33:35.44	37.82
550m:	6:15.56	35.62	1300m:	15:21.05	36.32	2050m:	24:39.14	37.90	2800m:	34:13.65	38.21
600m:	6:51.36	35.80	1350m:	15:57.35	36.30	2100m:	25:17.32	38.18	2850m:	34:51.49	37.84
650m:	7:27.21	35.85	1400m:	16:34.26	36.91	2150m:	25:55.67	38.35	2900m:	35:28.39	36.90
700m:	8:03.17	35.96	1450m:	17:11.43	37.17	2200m:	26:34.42	38.75	2950m:	36:05.02	36.63
750m:	8:39.31	36.14	1500m:	17:48.17	36.74	2250m:	27:12.51	38.09	3000m:	36:41.03	36.01
14. RUBIO BASARTE, Sergio	05 Navial				37:05.79 3,00						
50m:	33.50	33.50	800m:	9:29.72	36.64	1550m:	18:45.91	37.81	2300m:	28:14.09	37.89
100m:	1:07.73	34.23	850m:	10:06.42	36.70	1600m:	19:23.54	37.63	2350m:	28:52.12	38.03
150m:	1:42.79	35.06	900m:	10:42.70	36.28	1650m:	20:00.78	37.24	2400m:	29:30.14	38.02
200m:	2:17.87	35.08	950m:	11:19.23	36.53	1700m:	20:38.68	37.90	2450m:	30:08.41	38.27
250m:	2:53.51	35.64	1000m:	11:56.27	37.04	1750m:	21:16.26	37.58	2500m:	30:46.65	38.24
300m:	3:29.10	35.59	1050m:	12:32.97	36.70	1800m:	21:54.23	37.97	2550m:	31:24.86	38.21
350m:	4:04.79	35.69	1100m:	13:09.80	36.83	1850m:	22:32.01	37.78	2600m:	32:03.06	38.20
400m:	4:40.74	35.95	1150m:	13:46.86	37.06	1900m:	23:09.77	37.76	2650m:	32:41.43	38.37
450m:	5:16.45	35.71	1200m:	14:24.09	37.23	1950m:	23:47.94	38.17	2700m:	33:19.52	38.09
500m:	5:52.50	36.05	1250m:	15:01.12	37.03	2000m:	24:25.93	37.99	2750m:	33:57.49	37.97
550m:	6:28.32	35.82	1300m:	15:38.26	37.14	2050m:	25:04.46	38.53	2800m:	34:35.63	38.14
600m:	7:04.58	36.26	1350m:	16:15.45	37.19	2100m:	25:42.61	38.15	2850m:	35:13.53	37.90
650m:	7:40.51	35.93	1400m:	16:52.88	37.43	2150m:	26:20.38	37.77	2900m:	35:51.68	38.15
700m:	8:16.89	36.38	1450m:	17:30.52	37.64	2200m:	26:58.21	37.83	2950m:	36:29.05	37.37
750m:	8:53.08	36.19	1500m:	18:08.10	37.58	2250m:	27:36.20	37.99	3000m:	37:05.79	36.74
15. RUIZ TABAS, Alvaro	00 C.D.N. Cordoba				39:07.92 2,00						
50m:	35.01	35.01	650m:	8:10.31	38.70	1250m:	16:04.56	39.97	1850m:	24:02.84	40.39
100m:	1:11.06	36.05	700m:	8:49.09	38.78	1300m:	16:43.20	38.64	1900m:	24:42.24	39.40
150m:	1:47.94	36.88	750m:	9:28.52	39.43	1350m:	17:22.78	39.58	1950m:	25:22.09	39.85
200m:	2:25.34	37.40	800m:	10:08.53	40.01	1400m:	18:02.97	40.19	2000m:	26:01.75	39.66
250m:	3:02.78	37.44	850m:	10:48.14	39.61	1450m:	18:42.74	39.77	2050m:	26:41.76	40.01
300m:	3:40.65	37.87	900m:	11:27.54	39.40	1500m:	19:22.31	39.57	2100m:	27:21.18	39.42
350m:	4:18.76	38.11	950m:	12:07.78	40.24	1550m:	20:02.17	39.86	2150m:	27:59.82	38.64
400m:	4:56.99	38.23	1000m:	12:46.62	38.84	1600m:	20:42.19	40.02	2200m:	28:39.04	39.22
450m:	5:35.11	38.12	1050m:	13:25.82	39.20	1650m:	21:21.98	39.79	2250m:	29:18.02	38.98
500m:	6:13.73	38.62	1100m:	14:05.39	39.57	1700m:	22:01.54	39.56	2300m:	29:57.48	39.46
550m:	6:52.72	38.99	1150m:	14:44.40	39.01	1750m:	22:41.62	40.08	2350m:	30:37.36	39.88
600m:	7:31.61	38.89	1200m:	15:24.59	40.19	1800m:	23:22.45	40.83	2400m:	31:17.00	39.64

Prueba 3, Masc., 3000m Libre, Senior - Junior 1 - Junior 2 Mas.

Clasificación	AN				Tiempo			
2450m: 31:57.31	40.31	2600m: 33:56.86	39.89	2750m: 35:54.41	38.62	2900m: 37:51.78	38.93	
2500m: 32:37.34	40.03	2650m: 34:37.02	40.16	2800m: 36:33.71	39.30	2950m: 38:30.38	38.60	
2550m: 33:16.97	39.63	2700m: 35:15.79	38.77	2850m: 37:12.85	39.14	3000m: 39:07.92	37.54	
16. MOYANO LOPEZ, Alejandro	05	C.N. Villarrense				41:09.09		1,00
50m: 36.93	36.93	800m: 10:41.22	41.34	1550m: 20:54.47	41.82	2300m: 31:25.48	41.86	
100m: 1:14.52	37.59	850m: 11:22.15	40.93	1600m: 21:36.23	41.76	2350m: 32:07.79	42.31	
150m: 1:52.97	38.45	900m: 12:03.04	40.89	1650m: 22:18.21	41.98	2400m: 32:50.25	42.46	
200m: 2:32.21	39.24	950m: 12:43.51	40.47	1700m: 23:00.12	41.91	2450m: 33:32.77	42.52	
250m: 3:11.81	39.60	1000m: 13:23.89	40.38	1750m: 23:41.83	41.71	2500m: 34:14.86	42.09	
300m: 3:51.73	39.92	1050m: 14:03.92	40.03	1800m: 24:23.28	41.45	2550m: 34:57.12	42.26	
350m: 4:32.13	40.40	1100m: 14:44.67	40.75	1850m: 25:05.12	41.84	2600m: 35:39.10	41.98	
400m: 5:12.92	40.79	1150m: 15:24.98	40.31	1900m: 25:46.87	41.75	2650m: 36:20.91	41.81	
450m: 5:53.43	40.51	1200m: 16:05.35	40.37	1950m: 26:29.06	42.19	2700m: 37:02.63	41.72	
500m: 6:34.32	40.89	1250m: 16:45.67	40.32	2000m: 27:11.72	42.66	2750m: 37:44.78	42.15	
550m: 7:15.09	40.77	1300m: 17:27.09	41.42	2050m: 27:53.95	42.23	2800m: 38:26.26	41.48	
600m: 7:56.09	41.00	1350m: 18:08.71	41.62	2100m: 28:36.65	42.70	2850m: 39:07.20	40.94	
650m: 8:37.17	41.08	1400m: 18:49.48	40.77	2150m: 29:18.77	42.12	2900m: 39:48.64	41.44	
700m: 9:18.81	41.64	1450m: 19:30.90	41.42	2200m: 30:01.35	42.58	2950m: 40:29.01	40.37	
750m: 9:59.88	41.07	1500m: 20:12.65	41.75	2250m: 30:43.62	42.27	3000m: 41:09.09	40.08	