

Prueba 2  
27/05/2023

Fem., 400m Libre

Absoluto Femenino  
Resultados Final

RC 4:12.03 BELMONTE GARCIA, MIREIA 01/01/2013

Clasificación			AN					Tiempo	PptsD			
1.	MAQUEDA LLACH, Julia		08	C.N. Mairena Aljarafe				<b>4:35.15</b>	19,00			
	50m:	31.01	31.01	150m:	1:39.75	34.54	250m:	2:50.19	35.42	350m:	4:01.22	35.33
	100m:	1:05.21	34.20	200m:	2:14.77	35.02	300m:	3:25.89	35.70	400m:	4:35.15	33.93
2.	SEDANO FIÑANA, Julia		09	C.N. Mairena Aljarafe				<b>4:35.27</b>	16,00			
	50m:	31.24	31.24	150m:	1:40.41	34.84	250m:	2:51.33	35.42	350m:	4:02.35	34.86
	100m:	1:05.57	34.33	200m:	2:15.91	35.50	300m:	3:27.49	36.16	400m:	4:35.27	32.92
3.	ALVES, Joana		05	Seleção de Leiria				<b>4:38.55</b>	14,00			
	50m:	31.63	31.63	150m:	1:41.15	34.99	250m:	2:51.98	35.45	350m:	4:03.47	35.72
	100m:	1:06.16	34.53	200m:	2:16.53	35.38	300m:	3:27.75	35.77	400m:	4:38.55	35.08
4.	FARIA, Leonor		06	Seleção de Leiria				<b>4:39.03</b>	13,00			
	50m:	31.80	31.80	150m:	1:41.77	35.29	250m:	2:53.49	36.07	350m:	4:05.45	36.01
	100m:	1:06.48	34.68	200m:	2:17.42	35.65	300m:	3:29.44	35.95	400m:	4:39.03	33.58
5.	CRAVEIRO, Luana		09	Seleção de Leiria				<b>4:40.94</b>	12,00			
	50m:	31.12	31.12	150m:	1:40.71	34.87	250m:	2:52.38	35.77	350m:	4:04.89	36.61
	100m:	1:05.84	34.72	200m:	2:16.61	35.90	300m:	3:28.28	35.90	400m:	4:40.94	36.05
6.	RAMOS, Joana		06	Gafanha Da Encarnação				<b>4:42.61</b>	11,00			
	50m:	32.38	32.38	150m:	1:43.69	36.02	250m:	2:56.24	36.38	350m:	4:08.35	35.86
	100m:	1:07.67	35.29	200m:	2:19.86	36.17	300m:	3:32.49	36.25	400m:	4:42.61	34.26
7.	GARCIA RAMIREZ, Sofia		09	C.N. Dos Hermanas				<b>4:44.16</b>	10,00			
	50m:	32.12	32.12	150m:	1:43.03	35.79	250m:	2:55.48	36.08	350m:	4:08.70	36.62
	100m:	1:07.24	35.12	200m:	2:19.40	36.37	300m:	3:32.08	36.60	400m:	4:44.16	35.46
8.	ARROYO BONIFACIO, Sofia		07	C.D.N. Zamora				<b>4:51.14</b>	9,00			
	50m:	31.39	31.39	150m:	1:42.30	35.94	250m:	2:57.26	38.07	350m:	4:13.41	38.03
	100m:	1:06.36	34.97	200m:	2:19.19	36.89	300m:	3:35.38	38.12	400m:	4:51.14	37.73