

Prueba 13
19/11/2022 - 10:00

Fem., 400m Libre

20 - 89 años
Resultados

Clasificación	AN		Tiempo						Puntos	
20+										
1.	FOJ LACARTA, Lydia	01	C.D. Indea	5:06.89						
	50m: 34.75 34.75	150m: 1:51.11	38.40	250m: 3:09.47	39.08	350m: 4:27.53	39.60			
	100m: 1:12.71 37.96	200m: 2:30.39	39.28	300m: 3:47.93	38.46	400m: 5:06.89	39.36			
2.	MIROIR, Heloise	99	C.D. Indea	5:29.14						
	50m: 38.24 38.24	150m: 2:00.40	41.43	250m: 3:24.71	42.22	350m: 4:48.80	41.73			
	100m: 1:18.97 40.73	200m: 2:42.49	42.09	300m: 4:07.07	42.36	400m: 5:29.14	40.34			
3.	CARTES ORDOVAS, Alba	99	C.D.N. Cordoba	5:31.41						
	50m: 36.91 36.91	150m: 1:59.82	42.10	250m: 3:24.18	41.71	350m: 4:49.82	43.21			
	100m: 1:17.72 40.81	200m: 2:42.47	42.65	300m: 4:06.61	42.43	400m: 5:31.41	41.59			
4.	QUEVEDO MALDONADO, M.	00	C.D.N. Cordoba	6:43.18						
	50m: 41.35 41.35	150m: 2:23.05	52.10	250m: 4:07.11	52.20	350m: 5:52.56	53.01			
	100m: 1:30.95 49.60	200m: 3:14.91	51.86	300m: 4:59.55	52.44	400m: 6:43.18	50.62			
25+										
1.	GUERRERO GARCÍA, Estela	93	Natacion Sevilla Master, C.D.	5:01.35						
	50m: 34.83 34.83	150m: 1:50.14	38.17	250m: 3:07.61	38.82	350m: 4:25.16	38.49			
	100m: 1:11.97 37.14	200m: 2:28.79	38.65	300m: 3:46.67	39.06	400m: 5:01.35	36.19			
2.	MANCERA REINA, Ana	94	Natacion Sevilla Master, C.D.	5:10.34						
	50m: 34.74 34.74	150m: 1:50.97	38.57	250m: 3:09.77	39.29	350m: 4:30.13	40.23			
	100m: 1:12.40 37.66	200m: 2:30.48	39.51	300m: 3:49.90	40.13	400m: 5:10.34	40.21			
3.	DE LA PRIDA RUIZ, Elsa	97	Natacion Sevilla Master, C.D.	5:30.45						
	50m: 36.53 36.53	150m: 1:57.33	41.34	250m: 3:21.93	42.45	350m: 4:47.55	42.91			
	100m: 1:15.99 39.46	200m: 2:39.48	42.15	300m: 4:04.64	42.71	400m: 5:30.45	42.90			
4.	CAMPOS LLAMAS, Atenea	94	Natacion Sevilla Master, C.D.	5:36.68						
	50m: 37.03 37.03	150m: 2:01.00	43.12	250m: 3:27.53	43.64	350m: 4:54.34	43.49			
	100m: 1:17.88 40.85	200m: 2:43.89	42.89	300m: 4:10.85	43.32	400m: 5:36.68	42.34			
5.	PEREZ -GODOY BRAGELI, Maria	95	Natacion Sevilla Master, C.D.	5:43.65						
	50m: 37.24 37.24	150m: 2:00.36	42.49	250m: 3:29.65	45.16	350m: 4:59.37	44.91			
	100m: 1:17.87 40.63	200m: 2:44.49	44.13	300m: 4:14.46	44.81	400m: 5:43.65	44.28			
6.	ALBARRACIN PANIAGUA, Belen	97	Natacion Sevilla Master, C.D.	5:45.78						
	50m: 37.76 37.76	150m: 2:02.28	43.11	250m: 3:31.46	44.97	350m: 5:02.74	45.03			
	100m: 1:19.17 41.41	200m: 2:46.49	44.21	300m: 4:17.71	46.25	400m: 5:45.78	43.04			
7.	SANTIAGO TELLO, Sara	94	Natacion Sevilla Master, C.D.	5:46.69						
	50m: 36.17 36.17	150m: 1:59.24	43.09	250m: 3:29.46	45.79	350m: 5:01.52	46.23			
	100m: 1:16.15 39.98	200m: 2:43.67	44.43	300m: 4:15.29	45.83	400m: 5:46.69	45.17			
30+										
1.	SERRANO VAZQUEZ, Elvira	90	C.D.N. Cordoba	5:24.70						
	50m: 36.79 36.79	150m: 1:56.15	39.97	250m: 3:19.05	41.88	350m: 4:43.32	41.70			
	100m: 1:16.18 39.39	200m: 2:37.17	41.02	300m: 4:01.62	42.57	400m: 5:24.70	41.38			
2.	ROMAN ARJONA, Macarena	91	C.N. Utrera	5:32.14						
	50m: 37.06 37.06	150m: 1:59.54	42.05	250m: 3:25.35	42.93	350m: 4:52.22	43.38			
	100m: 1:17.49 40.43	200m: 2:42.42	42.88	300m: 4:08.84	43.49	400m: 5:32.14	39.92			
3.	BEAS LOPEZ, Alba	88	Natacion Sevilla Master, C.D.	6:30.23						
	50m: 41.17 41.17	150m: 2:17.55	49.98	250m: 3:58.43	50.59	350m: 5:41.12	51.47			
	100m: 1:27.57 46.40	200m: 3:07.84	50.29	300m: 4:49.65	51.22	400m: 6:30.23	49.11			

Prueba 13, Fem., 400m Libre

40+

1.	VELA PÉREZ, Virginia	78	C.N. Utrera					6:34.76				
	50m:	44.82	44.82	150m:	2:25.27	50.56	250m:	4:06.95	50.95	350m:	5:47.33	50.01
	100m:	1:34.71	49.89	200m:	3:16.00	50.73	300m:	4:57.32	50.37	400m:	6:34.76	47.43

WDR RUIZ SÁNCHEZ, María Carmen 79 C.N. Utrera

45+

1.	POYATO ROJAS, Raquel	75	Natacion Sevilla Master, C.D.					6:54.53				
	50m:	40.74	40.74	150m:	2:19.16	51.55	250m:	4:06.93	54.32	350m:	5:58.95	56.33
	100m:	1:27.61	46.87	200m:	3:12.61	53.45	300m:	5:02.62	55.69	400m:	6:54.53	55.58

50+

1.	HERRERA CAMES, Victoria	68	Natacion Sevilla Master, C.D.					7:45.02				
	50m:	50.01	50.01	150m:	2:45.87	59.72	250m:	4:46.11	1:01.10	350m:	6:47.14	1:00.26
	100m:	1:46.15	56.14	200m:	3:45.01	59.14	300m:	5:46.88	1:00.77	400m:	7:45.02	57.88

WDR GIL GOMEZ, Magnolia 72 C.D.N. Cordoba

55+

1.	ASTORGA MOYA DE LA TORRE, Mari64ªaz		C.D.N. Cordoba					6:23.75				
	50m:	43.85	43.85	150m:	2:18.52	48.03	250m:	3:57.36	49.53	350m:	5:35.95	49.17
	100m:	1:30.49	46.64	200m:	3:07.83	49.31	300m:	4:46.78	49.42	400m:	6:23.75	47.80

60+

1.	OCHOA SANCHEZ, Carmen	61	Natacion Sevilla Master, C.D.					6:47.42				
	50m:	44.72	44.72	150m:	2:26.64	51.84	250m:	4:11.73	52.48	350m:	5:54.42	50.99
	100m:	1:34.80	50.08	200m:	3:19.25	52.61	300m:	5:03.43	51.70	400m:	6:47.42	53.00