

Prueba 4  
29/11/2020 - 13:10

Fem., 3000m Libre

Senior - Junior 1 - Junior 2 Fem.  
Resultados

Clasificación

AN

Tiempo

<b>1. SANCHEZ FERNANDEZ, Laura</b>	<b>03</b>	<b>C.N. Huelva</b>	<b>40:28.62</b>
50m: 36.47 36.47	800m: 10:32.55	40.10 1550m: 20:46.87	41.41 2300m: 31:02.99
100m: 1:14.28 37.81	850m: 11:13.14	40.59 1600m: 21:28.39	41.52 2350m: 31:43.98
150m: 1:53.40 39.12	900m: 11:53.80	40.66 1650m: 22:09.29	40.90 2400m: 32:25.04
200m: 2:32.95 39.55	950m: 12:34.56	40.76 1700m: 22:50.64	41.35 2450m: 33:05.93
250m: 3:12.31 39.36	1000m: 13:15.20	40.64 1750m: 23:31.72	41.08 2500m: 33:47.25
300m: 3:51.92 39.61	1050m: 13:56.07	40.87 1800m: 24:13.08	41.36 2550m: 34:28.06
350m: 4:31.45 39.53	1100m: 14:37.08	41.01 1850m: 24:54.67	41.59 2600m: 35:08.27
400m: 5:11.62 40.17	1150m: 15:17.71	40.63 1900m: 25:35.98	41.31 2650m: 35:48.65
450m: 5:51.46 39.84	1200m: 15:58.38	40.67 1950m: 26:17.60	41.62 2700m: 36:29.30
500m: 6:31.62 40.16	1250m: 16:39.16	40.78 2000m: 26:58.37	40.77 2750m: 37:10.34
550m: 7:11.28 39.66	1300m: 17:19.91	40.75 2050m: 27:38.99	40.62 2800m: 37:51.30
600m: 7:51.38 40.10	1350m: 18:01.46	41.55 2100m: 28:19.55	40.56 2850m: 38:31.89
650m: 8:31.66 40.28	1400m: 18:42.71	41.25 2150m: 29:00.50	40.95 2900m: 39:12.34
700m: 9:11.87 40.21	1450m: 19:24.09	41.38 2200m: 29:41.13	40.63 2950m: 39:50.27
750m: 9:52.45 40.58	1500m: 20:05.46	41.37 2250m: 30:22.05	40.92 3000m: 40:28.62
<b>2. DOMINGUEZ ZANOLETTY, Maria Aranz03:u</b>	<b>03</b>	<b>C.N. Huelva</b>	<b>42:42.36</b>
50m: 37.88 37.88	800m: 11:08.67	42.54 1550m: 21:47.34	42.53 2300m: 32:33.18
100m: 1:17.30 39.42	850m: 11:51.24	42.57 1600m: 22:29.80	42.46 2350m: 33:16.76
150m: 1:58.45 41.15	900m: 12:33.72	42.48 1650m: 23:12.18	42.38 2400m: 34:00.41
200m: 2:39.94 41.49	950m: 13:16.09	42.37 1700m: 23:54.50	42.32 2450m: 34:44.05
250m: 3:21.94 42.00	1000m: 13:58.67	42.58 1750m: 24:37.07	42.57 2500m: 35:28.02
300m: 4:04.60 42.66	1050m: 14:41.28	42.61 1800m: 25:19.55	42.48 2550m: 36:11.93
350m: 4:47.05 42.45	1100m: 15:23.44	42.16 1850m: 26:02.50	42.95 2600m: 36:55.59
400m: 5:29.29 42.24	1150m: 16:05.94	42.50 1900m: 26:45.72	43.22 2650m: 37:38.96
450m: 6:11.55 42.26	1200m: 16:48.68	42.74 1950m: 27:29.04	43.32 2700m: 38:22.60
500m: 6:54.08 42.53	1250m: 17:31.10	42.42 2000m: 28:12.48	43.44 2750m: 39:06.30
550m: 7:36.60 42.52	1300m: 18:13.67	42.57 2050m: 28:55.72	43.24 2800m: 39:50.31
600m: 8:18.99 42.39	1350m: 18:56.51	42.84 2100m: 29:38.98	43.26 2850m: 40:34.39
650m: 9:01.23 42.24	1400m: 19:39.50	42.99 2150m: 30:22.49	43.51 2900m: 41:18.27
700m: 9:43.74 42.51	1450m: 20:22.25	42.75 2200m: 31:06.07	43.58 2950m: 42:01.35
750m: 10:26.13 42.39	1500m: 21:04.81	42.56 2250m: 31:49.61	43.54 3000m: 42:42.36
<b>3. DELGADO ASENCIO, Laura</b>	<b>02</b>	<b>C.N. Huelva</b>	<b>43:59.62</b>
50m: 39.01 39.01	800m: 11:27.97	44.10 1550m: 22:29.95	43.08 2300m: 33:34.96
100m: 1:20.06 41.05	850m: 12:11.93	43.96 1600m: 23:12.79	42.84 2350m: 34:20.52
150m: 2:02.03 41.97	900m: 12:56.19	44.26 1650m: 23:56.12	43.33 2400m: 35:05.29
200m: 2:44.57 42.54	950m: 13:40.48	44.29 1700m: 24:39.53	43.41 2450m: 35:50.40
250m: 3:27.30 42.73	1000m: 14:24.50	44.02 1750m: 25:21.93	42.40 2500m: 36:35.61
300m: 4:09.53 42.23	1050m: 15:08.28	43.78 1800m: 26:05.91	43.98 2550m: 37:20.89
350m: 4:52.73 43.20	1100m: 15:52.70	44.42 1850m: 26:49.75	43.84 2600m: 38:05.83
400m: 5:36.53 43.80	1150m: 16:37.22	44.52 1900m: 27:35.30	45.55 2650m: 38:51.54
450m: 6:19.55 43.02	1200m: 17:21.17	43.95 1950m: 28:19.67	44.37 2700m: 39:36.84
500m: 7:03.61 44.06	1250m: 18:06.17	45.00 2000m: 29:04.74	45.07 2750m: 40:22.31
550m: 7:47.58 43.97	1300m: 18:50.35	44.18 2050m: 29:49.77	45.03 2800m: 41:07.12
600m: 8:31.60 44.02	1350m: 19:34.30	43.95 2100m: 30:34.66	44.89 2850m: 41:52.62
650m: 9:15.86 44.26	1400m: 20:18.23	43.93 2150m: 31:19.40	44.74 2900m: 42:37.05
700m: 9:59.80 43.94	1450m: 21:02.62	44.39 2200m: 32:04.73	45.33 2950m: 43:19.57
750m: 10:43.87 44.07	1500m: 21:46.87	44.25 2250m: 32:49.36	44.63 3000m: 43:59.62
<b>4. CARBIA MIRAS, Helena</b>	<b>04</b>	<b>C.N. Lepe</b>	<b>50:03.97</b>
50m: 43.75 43.75	600m: 9:33.82	49.78 1150m: 18:40.89	50.12 1700m: 27:59.49
100m: 1:28.33 44.58	650m: 10:23.29	49.47 1200m: 19:31.71	50.82 1750m: 28:51.37
150m: 2:14.88 46.55	700m: 11:12.57	49.28 1250m: 20:21.99	50.28 1800m: 29:42.19
200m: 3:02.69 47.81	750m: 12:03.02	50.45 1300m: 21:12.63	50.64 1850m: 30:33.76
250m: 3:51.27 48.58	800m: 12:52.72	49.70 1350m: 22:03.95	51.32 1900m: 31:24.57
300m: 4:39.69 48.42	850m: 13:42.18	49.46 1400m: 22:54.40	50.45 1950m: 32:16.06
350m: 5:28.61 48.92	900m: 14:32.25	50.07 1450m: 23:45.35	50.95 2000m: 33:08.49
400m: 6:17.33 48.72	950m: 15:21.19	48.94 1500m: 24:36.06	50.71 2050m: 33:57.23
450m: 7:06.31 48.98	1000m: 16:11.03	49.84 1550m: 25:27.18	51.12 2100m: 34:49.00
500m: 7:54.62 48.31	1050m: 17:00.59	49.56 1600m: 26:17.55	50.37 2150m: 35:40.40
550m: 8:44.04 49.42	1100m: 17:50.77	50.18 1650m: 27:08.44	50.89 2200m: 36:33.02

Prueba 4, Fem., 3000m Libre, Senior - Junior 1 - Junior 2 Fem.

Clasificación	AN				Tiempo			
2250m: 37:25.56	52.54	2450m: 40:51.37	50.85	2650m: 44:11.57	50.92	2850m: 47:35.20	51.23	
2300m: 38:17.60	52.04	2500m: 41:41.49	50.12	2700m: 45:01.94	50.37	2900m: 48:25.74	50.54	
2350m: 39:09.04	51.44	2550m: 42:32.11	50.62	2750m: 45:52.96	51.02	2950m: 49:16.15	50.41	
2400m: 40:00.52	51.48	2600m: 43:20.65	48.54	2800m: 46:43.97	51.01	3000m: 50:03.97	47.82	
<b>5. PALMA RODRIGUEZ, Marta</b>				<b>05</b>	<b>C.N. Colombino</b>		<b>55:47.59</b>	
50m: 46.55	46.55	800m: 14:26.52	54.96	1550m: 28:39.04	58.77	2300m: 42:48.63	54.59	
100m: 1:36.89	50.34	850m: 15:23.24	56.72	1600m: 29:34.48	55.44	2350m: 43:44.59	55.96	
150m: 2:29.75	52.86	900m: 16:20.23	56.99	1650m: 30:32.10	57.62	2400m: 44:39.43	54.84	
200m: 3:23.76	54.01	950m: 17:17.59	57.36	1700m: 31:26.11	54.01	2450m: 45:35.71	56.28	
250m: 4:18.58	54.82	1000m: 18:14.04	56.45	1750m: 32:23.36	57.25	2500m: 46:32.17	56.46	
300m: 5:13.06	54.48	1050m: 19:08.76	54.72	1800m: 33:21.00	57.64	2550m: 47:27.71	55.54	
350m: 6:06.71	53.65	1100m: 20:06.50	57.74	1850m: 34:19.07	58.07	2600m: 48:24.87	57.16	
400m: 7:01.75	55.04	1150m: 21:04.19	57.69	1900m: 35:15.97	56.90	2650m: 49:20.17	55.30	
450m: 7:56.98	55.23	1200m: 22:01.66	57.47	1950m: 36:12.99	57.02	2700m: 50:14.33	54.16	
500m: 8:52.71	55.73	1250m: 22:57.00	55.34	2000m: 37:10.45	57.46	2750m: 51:11.01	56.68	
550m: 9:48.66	55.95	1300m: 23:54.67	57.67	2050m: 38:08.69	58.24	2800m: 52:07.67	56.66	
600m: 10:45.72	57.06	1350m: 24:51.66	56.99	2100m: 39:06.15	57.46	2850m: 53:03.40	55.73	
650m: 11:40.22	54.50	1400m: 25:47.85	56.19	2150m: 40:01.72	55.57	2900m: 53:57.07	53.67	
700m: 12:35.42	55.20	1450m: 26:43.60	55.75	2200m: 40:57.34	55.62	2950m: 54:54.22	57.15	
750m: 13:31.56	56.14	1500m: 27:40.27	56.67	2250m: 41:54.04	56.70	3000m: 55:47.59	53.37	