

FINAL CONFERENCIA ORIENTAL - 2ª DIVISION
LAS GABIAS, 22/4/2023

Prueba 7
22/04/2023 - 11:32

Masc., 400m Libre

Absoluto Masc.
Resultados

Clasificación	AN		Tiempo		Pts
1. NURMINEN FERNANDEZ, Alex	06	C.N. Las Gabias	4:03.48	12,00	
50m: 26.54 26.54 150m: 1:26.53 30.44 250m: 2:28.37 31.33 350m: 3:32.00 32.12					
100m: 56.09 29.55 200m: 1:57.04 30.51 300m: 2:59.88 31.51 400m: 4:03.48 31.48					
2. GONZALEZ GALLEG0, Juan	05	R.C. Mediterraneo	4:15.39	7,00	
50m: 27.12 27.12 150m: 1:28.33 31.15 250m: 2:34.18 33.33 350m: 3:41.79 34.14					
100m: 57.18 30.06 200m: 2:00.85 32.52 300m: 3:07.65 33.47 400m: 4:15.39 33.60					
3. FERNANDEZ PEREZ, Jose Agustin	06	C.D. Swim Granada	4:19.38	6,00	
50m: 27.17 27.17 150m: 1:29.02 31.57 250m: 2:34.99 33.25 350m: 3:44.07 35.25					
100m: 57.45 30.28 200m: 2:01.74 32.72 300m: 3:08.82 33.83 400m: 4:19.38 35.31					
4. VALLECILLO MARIN, Pablo	07	C.N. Marbella	4:21.76	5,00	
50m: 29.26 29.26 150m: 1:34.84 33.55 250m: 2:42.00 33.79 350m: 3:49.79 33.97					
100m: 1:01.29 32.03 200m: 2:08.21 33.37 300m: 3:15.82 33.82 400m: 4:21.76 31.97					
5. DUGO MARTINEZ, Juan Ramon	08	C.N. Las Gabias	4:22.23	4,00	
50m: 29.36 29.36 150m: 1:35.36 33.37 250m: 2:42.58 33.78 350m: 3:49.84 33.58					
100m: 1:01.99 32.63 200m: 2:08.80 33.44 300m: 3:16.26 33.68 400m: 4:22.23 32.39					
6. CRUZ EXPOSITO, Jose Maria	07	C.N. Jaen	4:31.20	3,00	
50m: 29.33 29.33 150m: 1:36.41 34.22 250m: 2:46.25 34.77 350m: 3:58.57 36.46					
100m: 1:02.19 32.86 200m: 2:11.48 35.07 300m: 3:22.11 35.86 400m: 4:31.20 32.63					
7. BERNAL HEREDIA, Pedro	08	C.N. Marbella	4:31.86	2,00	
50m: 30.54 30.54 150m: 1:36.90 33.77 250m: 2:46.56 35.03 350m: 3:57.69 35.53					
100m: 1:03.13 32.59 200m: 2:11.53 34.63 300m: 3:22.16 35.60 400m: 4:31.86 34.17					
8. HIERREZUELO IGLESIAS, Hugo	08	C.N. Axarquia	4:32.43	1,00	
50m: 29.31 29.31 150m: 1:36.47 34.13 250m: 2:46.30 35.20 350m: 3:57.41 35.78					
100m: 1:02.34 33.03 200m: 2:11.10 34.63 300m: 3:21.63 35.33 400m: 4:32.43 35.02					
9. GARCÍA CEBALLOS, Francisco	08	C.N. Marbella	4:33.79	-	
50m: 29.55 29.55 150m: 1:37.25 34.42 250m: 2:47.43 35.28 350m: 3:58.96 36.03					
100m: 1:02.83 33.28 200m: 2:12.15 34.90 300m: 3:22.93 35.50 400m: 4:33.79 34.83					
10. RAMIREZ MENDOZA, Angel	07	C.N. Marbella	4:37.43	-	
50m: 31.09 31.09 150m: 1:39.76 34.72 250m: 2:51.09 35.87 350m: 4:02.42 36.09					
100m: 1:05.04 33.95 200m: 2:15.22 35.46 300m: 3:26.33 35.24 400m: 4:37.43 35.01					
11. GUERRERO SOLIS, Adrian	02	C.N. Las Gabias	5:07.27	-	
50m: 29.44 29.44 150m: 1:39.75 36.64 250m: 2:59.38 40.69 350m: 4:24.89 43.16					
100m: 1:03.11 33.67 200m: 2:18.69 38.94 300m: 3:41.73 42.35 400m: 5:07.27 42.38					
12. CARRILLO RIVERA, Pablo	08	C.N. Jaen	5:07.54	-	
50m: 34.26 34.26 150m: 1:52.29 39.11 250m: 3:12.55 40.13 350m: 4:30.98 38.47					
100m: 1:13.18 38.92 200m: 2:32.42 40.13 300m: 3:52.51 39.96 400m: 5:07.54 36.56					
13. LOPEZ ALVAREZ-ESTRAZA, Jorge	08	R.C. Mediterraneo	5:26.79	-	
50m: 34.95 34.95 150m: 1:55.73 41.65 250m: 3:21.53 43.26 350m: 4:46.71 42.82					
100m: 1:14.08 39.13 200m: 2:38.27 42.54 300m: 4:03.89 42.36 400m: 5:26.79 40.08					
WDR LOPE HERNANDEZ, Pablo	08	R.C. Mediterraneo		-	