

Prueba 1
04/02/2023 - 10:30

Masc., 400m Libre

Absoluto Masc.
Resultados

Clasificación	AN	Tiempo	Puntos
1. GARACH BENITO, Carlos	04 C.N. Churriana	4:02.28	12,00
50m: 27.47 27.47 150m: 1:27.41 30.25 250m: 2:29.47 31.01 350m: 3:31.99 31.33	100m: 57.16 29.69 200m: 1:58.46 31.05 300m: 3:00.66 31.19 400m: 4:02.28 30.29		
2. GONZALEZ GALLEGO, Juan	05 R.C. Mediterraneo	4:08.34	7,00
50m: 28.33 28.33 150m: 1:30.11 31.07 250m: 2:33.35 31.71 350m: 3:37.00 32.29	100m: 59.04 30.71 200m: 2:01.64 31.53 300m: 3:04.71 31.36 400m: 4:08.34 31.34		
3. PERTIÑEZ GRANDE, Alvaro	05 C.N. Fuengirola	4:10.16	6,00
50m: 27.82 27.82 150m: 1:29.94 31.96 250m: 2:33.64 31.87 350m: 3:38.41 32.11	100m: 57.98 30.16 200m: 2:01.77 31.83 300m: 3:06.30 32.66 400m: 4:10.16 31.75		
4. RODRIGUEZ MATAS, Alejandro	06 C.N. Churriana	4:15.07	5,00
50m: 28.32 28.32 150m: 1:31.36 32.12 250m: 2:36.71 32.51 350m: 3:42.67 33.07	100m: 59.24 30.92 200m: 2:04.20 32.84 300m: 3:09.60 32.89 400m: 4:15.07 32.40		
5. CALIZ GARCIA, Miguel	07 C.N. Churriana	4:18.28	4,00
50m: 28.74 28.74 150m: 1:34.00 33.28 250m: 2:40.11 32.69 350m: 3:46.20 33.00	100m: 1:00.72 31.98 200m: 2:07.42 33.42 300m: 3:13.20 33.09 400m: 4:18.28 32.08		
6. MOLINA GOMEZ, Hugo	08 C.N. Las Gabias	4:21.36	3,00
50m: 28.97 28.97 150m: 1:34.94 33.87 250m: 2:42.29 33.34 350m: 3:49.25 33.81	100m: 1:01.07 32.10 200m: 2:08.95 34.01 300m: 3:15.44 33.15 400m: 4:21.36 32.11		
7. SALAZAR GONZALEZ, Alberto	06 C.N. Fuengirola	4:23.93	2,00
50m: 28.91 28.91 150m: 1:34.85 33.42 250m: 2:42.26 33.36 350m: 3:50.36 34.31	100m: 1:01.43 32.52 200m: 2:08.90 34.05 300m: 3:16.05 33.79 400m: 4:23.93 33.57		
8. ROMERO LORCA, Diego	00 Universidad De Granada	4:24.94	1,00
50m: 28.88 28.88 150m: 1:33.01 32.69 250m: 2:40.60 33.98 350m: 3:50.31 35.23	100m: 1:00.32 31.44 200m: 2:06.62 33.61 300m: 3:15.08 34.48 400m: 4:24.94 34.63		
9. RODRIGUEZ MATAS, Ignacio	08 C.N. Churriana	4:26.53	-
50m: 29.72 29.72 150m: 1:35.99 33.84 250m: 2:42.88 33.02 350m: 3:51.80 33.90	100m: 1:02.15 32.43 200m: 2:09.86 33.87 300m: 3:17.90 35.02 400m: 4:26.53 34.73		
10. VALLECILLO MARIN, Pablo	07 C.N. Marbella	4:28.37	-
50m: 29.67 29.67 150m: 1:36.55 34.35 250m: 2:45.78 34.78 350m: 3:54.37 34.33	100m: 1:02.20 32.53 200m: 2:11.00 34.45 300m: 3:20.04 34.26 400m: 4:28.37 34.00		
11. DUGO MARTINEZ, Juan Ramon	08 C.N. Las Gabias	4:29.92	-
50m: 30.25 30.25 150m: 1:37.49 34.30 250m: 2:46.93 34.79 350m: 3:56.52 35.13	100m: 1:03.19 32.94 200m: 2:12.14 34.65 300m: 3:21.39 34.46 400m: 4:29.92 33.40		
12. QUIROS ESPINOSA, Raul	05 C.N. Jaen	4:30.76	-
50m: 30.10 30.10 150m: 1:37.70 33.76 250m: 2:46.64 34.19 350m: 3:56.83 35.25	100m: 1:03.94 33.84 200m: 2:12.45 34.75 300m: 3:21.58 34.94 400m: 4:30.76 33.93		
13. ESTEBAN SANCHEZ, Guillermo	07 C.N. Fuengirola	4:31.77	-
50m: 29.98 29.98 150m: 1:37.03 33.99 250m: 2:46.96 34.95 350m: 3:57.48 35.18	100m: 1:03.04 33.06 200m: 2:12.01 34.98 300m: 3:22.30 35.34 400m: 4:31.77 34.29		
14. GUDE RIOS, Fernando	08 Universidad De Granada	4:32.72	-
50m: 29.48 29.48 150m: 1:36.30 33.93 250m: 2:30.83 20.01 350m: 3:57.23 35.76	100m: 1:02.37 32.89 200m: 2:10.82 34.52 300m: 3:21.47 50.64 400m: 4:32.72 35.49		
15. RUIZ RODRIGUEZ, Abel	99 R.C. Mediterraneo	4:33.96	-
50m: 30.55 30.55 150m: 1:40.08 35.20 250m: 2:48.88 34.56 350m: 3:58.86 35.40	100m: 1:04.88 34.33 200m: 2:14.32 34.24 300m: 3:23.46 34.58 400m: 4:33.96 35.10		
16. BERNAL HEREDIA, Pedro	08 C.N. Marbella	4:34.31	-
50m: 30.64 30.64 150m: 1:37.32 34.16 250m: 2:48.10 35.77 350m: 3:59.09 35.51	100m: 1:03.16 32.52 200m: 2:12.33 35.01 300m: 3:23.58 35.48 400m: 4:34.31 35.22		

Prueba 1, Masc., 400m Libre, Absoluto Masc.

Clasificación	AN								Tiempo	Puntos	
17. LOPEZ MARTIN, Sergio	06	C.N. Las Gabras							4:38.31	-	
50m:	31.02	31.02	150m:	1:41.02	35.24	250m:	2:52.37	35.65	350m:	4:04.13	35.17
100m:	1:05.78	34.76	200m:	2:16.72	35.70	300m:	3:28.96	36.59	400m:	4:38.31	34.18
18. ORTEGA JIMENEZ, Aaron Manuel	05	Universidad De Granada							4:39.93	-	
50m:	31.70	31.70	150m:	1:41.25	35.33	250m:	2:52.87	35.93	350m:	4:06.06	36.65
100m:	1:05.92	34.22	200m:	2:16.94	35.69	300m:	3:29.41	36.54	400m:	4:39.93	33.87
19. CASCALES SIERRA, Adrian	01	Universidad De Granada							4:42.09	-	
50m:	31.73	31.73	150m:	1:43.22	36.28	250m:	2:55.97	35.74	350m:	4:06.86	35.23
100m:	1:06.94	35.21	200m:	2:20.23	37.01	300m:	3:31.63	35.66	400m:	4:42.09	35.23
20. CHEDA BURGUESA, Sebastián Alejandro	07	C.N. Fuengirola							4:54.87	-	
50m:	32.52	32.52	150m:	1:44.76	36.76	250m:	3:00.02	37.54	350m:	4:17.07	38.74
100m:	1:08.00	35.48	200m:	2:22.48	37.72	300m:	3:38.33	38.31	400m:	4:54.87	37.80
21. NADALES DÍAZ, Juan José	05	C.N. Jaen							5:01.98	-	
50m:	32.09	32.09	150m:	1:47.45	38.87	250m:	3:05.02	38.91	350m:	4:23.07	39.18
100m:	1:08.58	36.49	200m:	2:26.11	38.66	300m:	3:43.89	38.87	400m:	5:01.98	38.91
22. CARRILLO RIVERA, Oscar	08	C.N. Jaen							5:30.54	-	
50m:	35.16	35.16	150m:	1:57.64	42.14	250m:	3:23.98	43.40	350m:	4:50.03	42.49
100m:	1:15.50	40.34	200m:	2:40.58	42.94	300m:	4:07.54	43.56	400m:	5:30.54	40.51
DSQ FIKRY REINA, Adrian	06	R.C. Mediterraneo								-	
DSQ LOPE HERNANDEZ, Pablo	08	R.C. Mediterraneo								-	
WDR JURADO ORTEGA, Jorge	06	C.N. Marbella								-	