

Prueba 6
12/01/2019 - 11:24

Fem., 400m Libre

YOB 1921 - 1999
Resultados

Clasificación	AN		Tiempo				Pts
30-34 A FEMENINO							
1. DOMINGUEZ ROMAN, Nuria	88	C.N. Los Barrios	5:26.04				19,00
50m: 35.80 35.80	150m: 1:56.98 40.70	250m: 3:20.50 42.08	350m: 4:45.28 42.53	100m: 1:16.28 40.48	200m: 2:38.42 41.44	300m: 4:02.75 42.25	400m: 5:26.04 40.76
35-39 A FEMENINO							
1. MONTERO FREIJEIRO, Esther	84	C.N. Conil	5:48.33				19,00
50m: 38.34 38.34	150m: 2:03.63 43.65	250m: 3:33.33 44.81	350m: 5:03.89 45.03	100m: 1:19.98 41.64	200m: 2:48.52 44.89	300m: 4:18.86 45.53	400m: 5:48.33 44.44
2. RUIZ MARTIN, Esther	83	C.D.N. Inacua Malaga	6:18.72				16,00
50m: 40.62 40.62	150m: 2:12.26 47.17	250m: 3:49.93 49.17	350m: 5:30.02 50.42	100m: 1:25.09 44.47	200m: 3:00.76 48.50	300m: 4:39.60 49.67	400m: 6:18.72 48.70
3. VERDUGO PINTOS, PATRICIA	81	C.D. Indea	7:00.37				14,00
50m: 43.44 43.44	150m: 2:25.87 52.49	250m: 4:14.93 54.86	350m: 6:06.31 56.10	100m: 1:33.38 49.94	200m: 3:20.07 54.20	300m: 5:10.21 55.28	400m: 7:00.37 54.06
4. ALCONCHEL CESAR, Paola	81	C.D. Jerez Natacion Master	8:15.56				13,00
50m: 52.82 52.82	150m: 2:57.27 1:04.07	250m: 5:06.64 1:04.84	350m: 7:15.82 1:04.80	100m: 1:53.20 1:00.38	200m: 4:01.80 1:04.53	300m: 6:11.02 1:04.38	400m: 8:15.56 59.74
40-44 A FEMENINO							
1. GOMEZ GOMEZ, Miriam	75	C. Nautico Sevilla	5:42.86				19,00
50m: 37.80 37.80	150m: 2:02.40 43.06	250m: 3:30.90 44.13	350m: 4:59.36 44.28	100m: 1:19.34 41.54	200m: 2:46.77 44.37	300m: 4:15.08 44.18	400m: 5:42.86 43.50
2. PERAL PEREZ, Maria Del Pilar	78	C.D. Jerez Natacion Master	5:51.78				16,00
50m: 37.60 37.60	150m: 2:03.19 43.74	250m: 3:33.62 45.41	350m: 5:05.95 46.44	100m: 1:19.45 41.85	200m: 2:48.21 45.02	300m: 4:19.51 45.89	400m: 5:51.78 45.83
3. LARA CAMACHO, Lina	78	C.D.N. Inacua Malaga	6:42.18				14,00
50m: 45.04 45.04	150m: 2:24.56 50.81	250m: 4:08.34 52.11	350m: 5:53.12 52.18	100m: 1:33.75 48.71	200m: 3:16.23 51.67	300m: 5:00.94 52.60	400m: 6:42.18 49.06
4. LOPEZ ZARRIAS, Maria Angeles	78	C.N. Los Barrios	7:46.03				13,00
50m: 47.32 47.32	150m: 2:38.66 57.90	250m: 4:42.35 1:02.46	350m: 6:47.46 1:01.22	100m: 1:40.76 53.44	200m: 3:39.89 1:01.23	300m: 5:46.24 1:03.89	400m: 7:46.03 58.57
45-49 A FEMENINO							
1. RAMIREZ LIZARRAGA, Maria	72	C.D. Jerez Natacion Master	6:42.94				19,00
50m: 43.70 43.70	150m: 2:25.32 51.91	250m: 4:10.25 52.56	350m: 5:55.55 52.45	100m: 1:33.41 49.71	200m: 3:17.69 52.37	300m: 5:03.10 52.85	400m: 6:42.94 47.39
2. DEL VALLE ABADIA, Palma	71	C.N. Los Barrios	8:15.91				16,00
50m: 51.24 51.24	150m: 2:51.81 1:01.77	250m: 5:00.76 1:05.05	350m: 7:14.12 1:07.94	100m: 1:50.04 58.80	200m: 3:55.71 1:03.90	300m: 6:06.18 1:05.42	400m: 8:15.91 1:01.79
50-54 A FEMENINO							
1. GARCIA GARCIA, Rocio	67	C.N. Portuense	7:51.60				19,00
50m: 48.46 48.46	150m: 2:43.79 1:00.00	250m: 4:45.76 1:01.43	350m: 6:50.73 1:03.21	100m: 1:43.79 55.33	200m: 3:44.33 1:00.54	300m: 5:47.52 1:01.76	400m: 7:51.60 1:00.87

Prueba 6, Fem., 400m Libre, 50-54 A FEMENINO

Clasificación	AN								Tiempo	Pts		
2.	GONZALEZ GARCIA MIER, Graziella 68 C.D. Jerez Natacion Master								8:00.81	16,00		
	50m:	49.29	49.29	150m:	2:45.06	1:00.14	250m:	4:49.91	1:02.93	350m:	6:58.32	1:04.36
	100m:	1:44.92	55.63	200m:	3:46.98	1:01.92	300m:	5:53.96	1:04.05	400m:	8:00.81	1:02.49

55-59 A FEMENINO

1.	MUÑOZ RAMOS, M ^a Teresa 63 C.N. San Fernando								7:44.71	19,00		
	50m:	50.62	50.62	150m:	2:45.88	58.71	250m:	4:45.05	59.74	350m:	6:45.14	1:00.06
	100m:	1:47.17	56.55	200m:	3:45.31	59.43	300m:	5:45.08	1:00.03	400m:	7:44.71	59.57

60-64 A FEMENINO

1.	POLONIO CASADO, Dolores 58 C.D. Jerez Natacion Master								6:36.28	19,00		
	50m:	44.37	44.37	150m:	2:21.68	49.36	250m:	4:02.31	50.50	350m:	5:43.97	50.73
	100m:	1:32.32	47.95	200m:	3:11.81	50.13	300m:	4:53.24	50.93	400m:	6:36.28	52.31

65-69 A FEMENINO

1.	DELGADO GAVILAN, Maria Luisa 54 C.D. Jerez Natacion Master								7:40.21	19,00		
	50m:	52.93	52.93	150m:	2:50.06	59.57	250m:	4:47.88	58.53	350m:	6:43.33	57.92
	100m:	1:50.49	57.56	200m:	3:49.35	59.29	300m:	5:45.41	57.53	400m:	7:40.21	56.88